

NEWSLETTER

RELIGIOUS EDUCATION AFFAIRS

ISSUE 7 | JUNE 2016



Published by
Religious Education Affairs
(Central Region West Malaysia)

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My Graduation Message

Lum Shu En
Intermediate Class
Cheras Church

I have been attending Religious Education class for 16 years. Over the years, I have reaped numerous benefits through listening, observing, understanding and experiencing.

“The Lord is my shepherd, I shall not want.”

This is the bible verse which inspired me most. At times, we may be bullied at school, but we need not fear because God will protect us, like a shepherd protecting his sheep. He will never allow wolves to devour us. We need not be anxious because God will surely provide.

I would like to thank the teachers for their love and patience towards us all these years. They have been sharing various testimonies to help us in understanding God's love. Because of their advice, we know about the presence of our heavenly Father and that we must rely on Him in our lives and never forget Him. God loves us. Therefore, we should not allow His love to stay stagnant; we must pass on this love, so that more people can feel the love of God.

Whenever I feel sad and helpless, I will recall this story told to me by a teacher – “Footprints in the Sand”. A boy would often walk on the beach. Whenever he was happy, there would be two pairs of footprints in the sand. But whenever he was sad and cried, there would only be a pair of footprints in the sand. He was completely baffled and wondered why it was so. Then, God spoke to him: “Son, whenever you are happy, I walked beside you and listened to your happy stories; but, whenever you are sad, I carried you through these difficult moments”. We often feel lonely, but in reality, the Lord is always with us. Although this story is short, it constantly motivates and gives me strength.

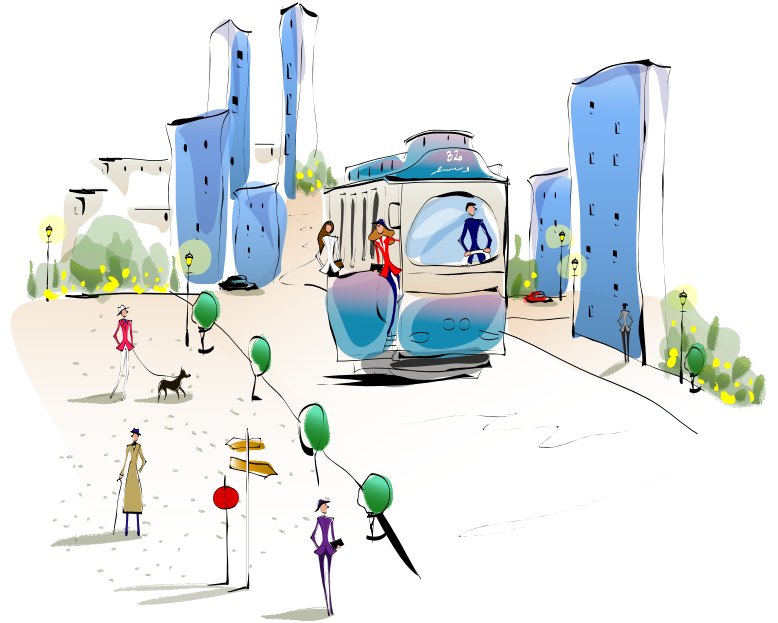
I would like to say thank you to the teachers. I believe that during lessons, some of us have been mischievous, lacked concentration and were indifferent to the teacher's presence. Thank you for your tolerance, love and guidance. Most importantly, thank you for your continuous efforts made to improve teaching methods to make lessons more interesting and lively. Instead of the usual mundane style of just jotting down notes, we got to watch video clips, played games, and listened to stories and testimonies. It encouraged us to learn the Word of God in a relatively simpler method and to understand the ways to becoming a better Christian.

Therefore, I encourage all parents to allow your children to attend religious education classes, because every child's faith is first established through religious education.



MY DIARY

This is about my experience at the Upper Primary Bible Camp (UPBC), which was held from September 18 – 22, 2015 at the Petaling Jaya church. It was my first time at the Petaling Jaya church as well as attending an Upper Primary Bible Camp (UPBC).



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Friday

Nichole, Abigail and I went to the Petaling Jaya church in Bro. Isaac Tan's car. Before we reached the church, we went to a nearby restaurant to have dinner. After dinner, we went to church for night service, which was held at the main hall. Nichole, Abigail and I sat next to one another in the church hall. We listened to sermons and sang hymns.

After service, we went to the church's second hall, which would be where we would have our lessons and prayers. After a short briefing, we went to our dormitory. I was in the same dormitory as Nichole. There were 8 people in our dormitory. The group leader of our dormitory was a sister from the Klang Church. After unpacking our things we had a shower. Then we went back to our dormitory and got ready for bed. Nichole and I slept next to each other. At first, I could not get used to sleeping on the mattress. Soon enough though, without realizing, I fell asleep.

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Saturday

Today was the first day we started our lessons. We had our first prayer led by Dn. Aaron Tan. After the prayer, we had breakfast. Following that was a hymnal session led by a student from Petaling Jaya. Dn. Aaron Tan taught us lessons 1 and 2 as well as a song titled 祷告, which goes like this:

"多祷告 多有能力
少祷告 少有能力
不祷告 没有能力
我们要常常祷告"

He even played the guitar to accompany our singing.

Next, was lesson 3 by Dn. Matthias Ho. He taught us to sing "我以祷告来到你跟前". He also taught us what kind of prayer God listens to. Then we had a delicious lunch. Following lunch, we attended Sabbath service. Actually, we were supposed to have had our service in the main hall, but there were too many students attending the Bible

Camp, so we went to the uncompleted hall upstairs.

After service, we had our first activity - arts and crafts. We were to do a craft and write a verse that we could each choose from the Bible. My verse was: "Rejoicing in hope, Patient in tribulation, Continuing steadfastly in prayer." Romans 12: 12

After activity time, we had dinner. Then we got our break time, during which we had to think of putting up a show. Nichole, Gideon, James, Cloris, Velon and I came up with some very nice and funny ideas for our show. We would be performing it in front of our friends and facilitators.

Following our break time, Nichole and I (representing the Cheras church) led the hymnal. This was our first time leading a hymnal. Although I was scared, I also felt very excited that I got this chance. After that, we had the second activity, hymnal. We sang three songs: 'Yesus Pokok Dan Kita Cabangnya', '神的儿女' and 'There's a quiet understanding'.

Then we had supper. After which, we had some free time. So, Nichole, Gideon, James, Cloris, Velon and I practiced. After some practice, we put up our very first show. It was quite good. After that, it was time for bed.

MY DIARY



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Sunday

We had our third prayer session led by Pr. Habakkuk Hee. Then we had our breakfast. After that, lessons 4 – 6 were conducted alternately by Pr. Habakkuk Hee and Dn. Matthias Ho. After the lessons, we had our fourth prayer session. Following that was lunch. But just before lunch, there was a group photo. Bro. Malcolm was the photographer.

Following lunch, we had lesson 7, titled: Prayer of Understanding, taught by Sis. CJS and Sis. LSK. We learnt about the Holy Spirit and The Lord's Prayer.

The third activity was held after that. And it was the best of all because it was GAMES! There were 5 sections, namely: Question and Answer, Photo Frame, Pass-the-water game, Guessing and Drawing, and Acting and Posing.

There were 11 people in each group. We had to work together to win all these games. Each group had a group leader, a group name and a slogan. My group's name was "Victory" and the leader was Bro. Victor from Klang. My group's slogan was "No matter how hard it is, God will always be with us, Gambateh" (Gambateh means good luck in Japanese).

In Photo Frame, we had to choose a number from 1 to 10. Then, they would instruct us on what was needed (e.g. 4 legs, 10 hands and 3 faces). We just had to follow the instructions and show it in the photo frame. Then, one of the uncles would take a picture and check if we had it right. When we finished, we got our "money".

In Pass-the-water game, each person was given a piece of paper. We were supposed to fold a box or something else that can hold water. After that, we had to collect water from the pail with the folded item and pass it on to the next person, who would then pour the water into a cup. When we finished, we got our "money".

In Guessing and Drawing, 4 persons would look at some drawings and must then draw what they had seen on the back of another 4 persons, who would then draw what was drawn on their backs onto a piece of paper. Finally, the remaining 3 will then have to guess what was drawn. Upon completion, we got our "money". For Acting and Posing, one person had to guess what we were based on our acting, after which we got our "money".

My team worked well together. So we were the first group to finish. We were all so happy. Since we were first, we got extra presents and we were also first in line to choose what we could buy with the "money" we earned. I was so happy that we got the chance to play those fun games.

Following dinner, we had break time. We, the performers, also practiced hard for our big show because there were more people.

Later, we had hymnal led by a student from Kajang Utama. After that, we had our fourth Activity, which was Hymnal. We practiced the songs that we learnt because the Closing Ceremony would be held tomorrow. Following supper was our free time. We, performers practiced for our big show. Then it was time to sleep.

MY DIARY

While I was praying,
something strange happened -
my tongue and body started to move...



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Monday

Morning prayer was led by Pr. Habakkuk Hee. Then we had breakfast. In lessons 8 -10 taught by Pr. Habakkuk Hee, we learnt about when and where Jesus prayed. We also learnt about how to get the Holy Spirit and what a proper prayer is.

Following the lessons was Prayer session 6, also led by Pr. Habakkuk Hee. While I was praying, something strange happened - my tongue and body started to move. After the prayer ended, Bro. Malcolm called Nichole, Jeremy from Klang, David from Kajang Utama and me to go to the meeting room. We were asked to pray again. After the prayer ended, they confirmed that the four of us had received the *HOLY SPIRIT*. I was so very HAPPY.

On the way to lunch, we collected our photo (the one that Bro. Malcolm took on 20 September 2015, Sunday). After lunch, we had lesson 11 taught again by Pr. Habakkuk Hee. For lesson 12, titled 'The Lord's Prayer' (taught by Bro. LL and Sis HKY), we made a craft on The Lord's Prayer.

Next was Lesson 13 by Pr. Habakkuk Hee. This lesson was quite different, because it was witnessing by students. We got to listen to friends who shared their experiences. But, I did not share. After the lesson was Prayer session 7. We had a bit of time after prayer and before dinner. So, we had hymnal sharing led by Sis. Wai Leng. Some of the students shared their favorite hymns. I shared hymn number 90, 'Count your Blessings', which was about giving thanks.

When we finished, it was time for dinner. Then it was break time. We performers practiced for our last show. Then we had another hymnal, led by a student from Gombak.

Following that was the Closing Ceremony. We sang the three hymns that we had prepared. They were: 'Yesus Pokok Dan Kita Cabangnya', '神的儿女' and 'There's a quiet understanding'. We took this opportunity to thank all the Aunties and Uncles who cooked for us and also bade farewell to them as tomorrow would be our last day.

After the Closing Ceremony, we had the best supper ever! French fries, nuggets, fried chicken and the best of all ----- ICE CREAM!

Then we had our free time. Pr. Habakkuk Hee gave us permission to sleep an extra hour longer tomorrow. Then we put on our very last show! And it was the BEST!

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Tuesday

Our last prayer session was led by Pr. Habakkuk Hee. After prayer, we had the best breakfast ever – Pizza!

Sis. Sook Yuen and Sis. Lisa Chiew led us in cooking fellowship for our final activity. We learnt to prepare 4 things: Orange juice, Egg sandwiches, Tuna sandwiches and Inari Sushi (the tow foo and the rice). Then we had a cooking competition for the 4 items.

After the session, results were announced. All the boys' groups got consolation prizes. Our group, HANNAH, got second place and the first place went to group ANNA. There were also prizes for those who wrote the most notes. I, too, got a prize – 3 flower pens.

Following that, we had lunch. And finally there was Cleaningup. My group cleaned the dormitory.

Then, it was time for us to leave. I was very sad because I would miss all my friends, every one of them!

By
Teo Sze Hui
Upper Primary Class



UPPER PRIMARY BIBLE CAMP 2015

18 September 2015 was the beginning of the Upper Primary Bible Camp which was held in P.J church. I was so happy and excited to be able to participate in the U.P.Bible camp. This was my first experience of attending a bible camp. I was so happy and couldn't wait to see my best friends from Sungai Long Evangelistic Centre. When my friends and I arrived, no one was there yet. I was really anxious to meet them. Later in the evening, we attended night service and we saw all our friends inside the church hall. Some parents come to be with their children too and when service was over, we went over to the old church hall and gathered together to register for the camp.

During the bible camp, I learn a lot of lessons about the HOLY SPIRIT and THE LORD'S PRAYER. I am so glad to know that all these lessons are beneficial to me. I will not forget them because they remind me that wherever I go God is protecting me and I will always remember that no one can come between my life with God as it was in the garden of Eden.

Leading the hymnal session also reminded me that while we are living in this world, we must always think about God in our hearts, just like all the other characters in the bible. They sang hymns to praise God; likewise, we should also do so. When we face difficulties, God will help us and we must thank Him for all that he has done for us. We can sing hymns to praise God and to preach the gospel.

I also made a lot of friends from other churches. Friends also remind me that when we are living in this world, we can depend on God as well as our friends in church; we will not be afraid, even when satan is around. I am so happy to have made so many friends in the church. They are going to face the world with me and together, we can feel God's mighty power within us.

We learned that with God, nothing is impossible for Him. We must believe in God because we are His descendants. We must walk the ways that God has prepared for us and be ready for the day of judgment and be able to be with our Father in heaven. Only then, can we forget all our loneliness and sadness when we join God in the kingdom of heaven and be by His side forever.

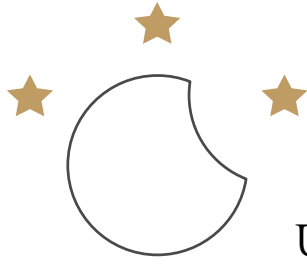
I will always remember the lessons taught by the preachers and teachers and will put them in my heart because God's word is holy and must be obeyed. Now, I am just like a blind man searching for help, but God is leading me all the way, using the word of the bible that is taught by our preachers and teachers.

God loves the little children and He will give us the best. We need to give thanks for all the things we have; our house, parents, food, water, life, love and a lot more. GOD has given us too much, what shall we do for him? GOD wants us to remember his death, be baptized and preach the gospel. Trust in him and He will provide us a place in heaven.

On the 19th of September, on Saturday I received the precious Holy Spirit from God. I am flowing with joy and happiness. I shall face the world with the help of the Holy Spirit and I will preach the gospel. The bible camp came to an end quickly too quickly! I hope that the bible camp can be for a longer period of time so that I can learn more and more about God's precious words. Although the time was short, all the things that I have learned here have brought me one step closer to God. Thank God for everything He has done and bestowed on me. I will always remind myself to be a good child of God.

All praise and glory to God.

By
Nichole Na
Upper Primary Class
Cheras Church



REFLECTIONS AFTER ATTENDING 2015 PERAK REGION UPPER PRIMARY LIFE CAMP (UPBC)



Hallelujah! I'm Chin Shi Rou from Sungai Siput, Perak. I'm a standard six student and this is my last year in UPBC. I am very reluctant to start secondary school next year as I will not be able to attend UPBC anymore. However, I do look forward to attending Junior Youth Bible Camp (JYBC).

My mom started to sign me up for UPBC since I was in Standard three. Up until this year, I have been attending UPBC. I have learnt a lot of Bible teachings as well as God's words. I would like to thank all the preachers, teachers, and facilitators who have taught us with care as well as brethren who prepared meals for us. Thank you for your love and kindness.

By Chin Shi Rou



Hallelujah! My name is Cheah You Qing, studying in standard six, from the Sungai Siput Church. I have attended UPBC for four years. I felt very happy during bible camps all these years. I made a lot of friends in the bible camps. I gained much knowledge about the truth and learnt how to get along with people. I also learnt about cooperation and team spirit through the games.

During every session of "I'm creative", I was very excited because every handicraft we made was very unique. I learnt to be independent in every year's bible camp and not to always rely on my parents. I would like to thank all the brethren who contributed silently, so that we could have such fulfillment in the life camps. Thank you!

By Cheah You Qing



Hallelujah! I am Ho Lim Fong from the Sungai Siput Church. I am 12 years old this year. This is my last year attending UPBC and I feel a little sad because I will not be able to meet some of my friends next year.

I still remember not knowing the purpose of attending UPBC when I first attended it. After a couple of years, I realize that attending life camp is to listen to the truth and learn from it.

Next year I will attend JYBC for the first time and I have to pray earnestly for the Holy Spirit, with patience and with all my heart. I hope to receive the Holy Spirit next year.

By Ho Lim Fong



BERCHAM CHURCH

Outing

The TJC Bercham organized a two-day-one-night trip on 10 January 2015 to chilly Cameron Highlands. Due to the high number of participants totalling about 70, we travelled there in great excitement in two buses.

After a long journey, we finally arrived at the Chefoo Centre, our place of stay. After a prayer of thanks to God for leading us, we had lunch. Subsequently, Sabbath service was carried out in the hall.

After the service, we took the opportunity while everybody was gathered to play various games testing our understanding, creativity and Bible knowledge. Everybody made the best effort to win the games while increasing our Bible knowledge.

At night, after a steamboat dinner, we took a walk to the night market. Before calling it a night, I took part in the youth activities. Although they were just some simple games, it was enough for me to have sweet dreams.

On the second day, after morning prayer and breakfast, we carried out various outdoor activities despite the cold weather. We had a happy time and before we realized it, it was time for lunch. After filling our stomachs, we checked out of the Chefoo Centre and continued with our programme.

It was drizzling, but the rain did not stop our journey. We went to Cactus Point to see the cactuses; we stopped at the famous Kea Farm to buy organic fruits and vegetables; we also travelled to Lavender Garden and Green View Garden to view the beautiful scenery.

After all the activities, we drove back to church. We left Cameron Highlands reluctantly while watching the mist fading further away from our sight. Although it was just a two-day trip, we will always remember the wonderful time we had.

By
Bro. Chin Kai Sheng (JY)
Bercham Church





REPORT ON CHERAS CHURCH CHILDREN'S EVANGELISTIC SERVICE

On the 17th of October 2015, True Jesus Church Cheras held her second Children's Evangelistic Service. The first RE Evangelistic Service was held in 2014. The theme then was "The Love of God" and centered on a sketch on "Noah's Ark". This time around, the theme of the Evangelistic meeting was "The Parable of the Prodigal son", a parable spoken by Jesus which is recorded in Luke 15:11-32.

The parable of the prodigal son tells of a father who has two sons. The elder son who worked in his father's fields was very devoted to his work. However, the younger son came up to his father and demanded for his share of the inheritance. According to the custom of the Jews, a firstborn son will inherit a double portion of the inheritance when his father dies. Therefore, the younger son was given his share of the inheritance, one third of everything. Then he left his home and journeyed to a foreign land. There, he led a riotous and prodigal life, squandering his wealth in wild living. After spending all that he had, a great famine came upon the land. As a result, he had to look for work to sustain himself and finally landed himself a job where he had to feed the swine considered unclean animals in Jewish culture. Moreover, he even desired to eat the food fed to the swine because he was so famished. Finally, when he came to his senses, he acknowledged that he had sinned greatly against God and his father. He began his journey home, resolving to return to his father's house as a servant instead of a son. The father, upon seeing his son walking from a faraway distance, was filled with compassion and ran up to him, fell on his neck

and kissed him. He told his servants to prepare a feast for his son, for his son who was dead and is alive again; he was lost and is found.

The RE Evangelistic Service began with a pre-service sing-a-long led by Sis. Faith Chang. We sang three hymns: "Walking with Jesus", "Yesus Pokok dan Kita CabangNya". The programme officially commenced at 8:00pm with a hymnal, and prayer led by Sis Jayne Ho, with Sis Hui Ying as the interpreter. Following that was a sketch of the parable of the prodigal son. The cast of the sketch were as follows: Bro. Joel, the prodigal son; Bro. Yong Song, the father; Bro Lucas and Bro Andrew, the bad company; Bro Malcolm, the employer of the prodigal son and Bro. Carlos, Bro. Timothy, Bro Louis and Bro. Jun Jet were dressed as the pigs. The sketch with appropriate props in the background began with a dialogue between the prodigal son and the father. They had a great sense of humour and made many hilarious expressions. Their antics amused the congregation and the church hall was filled with laughter. The following scenes portrayed how the prodigal son spent his portion of inheritance with bad company, going to modern-day bars and casinos. After this, when he finally became broke, he decided to return to his father and become his servant. The sketch ended with the father receiving the son lovingly by throwing a feast for him, despite all that he had done.





After the sketch, Dn. Luke Chong delivered a short sermon on the parable of the prodigal son. In his sharing, he explained the parable, linking it to the love of God. God loves us, no matter what, as long as we come before him with a sincere and penitent heart, just like how the father received the prodigal son. He welcomed him back with open arms despite the fact that his son had the audacity to demand for his inheritance and to squander it away in extravagant and decadent living. Our heavenly father is just the same, He will forgive us of our sins. Therefore, while it is still called 'day', we should seize the opportunity to repent of our sins and draw near to Him.

The next item was a choir presentation by the RE Children's Choir. They presented three hymns: "Everybody ought to know", "Life without Jesus is like a Doughnut" and lastly "I come before you in Prayer". These hymns tell us that everybody ought to come to know our saviour, Lord Jesus Christ, and without Him, our lives would be like a doughnut, with a hole in the middle of our hearts. Finally, the service ended with hymn 307 and a prayer. Thank the Lord that the event was a success and everything was smooth sailing. All glory, praise, thanks be given unto Lord Jesus.

By Bro. Andrew Tan
Cheras Church



The Parable of the Prodigal Son



ESTABLISHMENT OF TRUE JESUS CHURCH SUNGAI LONG STUDENT CENTRE & MYANMAR FELLOWSHIP

Two evangelical work, namely UTAR Campus Fellowship work and the Myanmar Outreach and Care work are being conducted at the 2nd and 3rd floor old shop house at Bandar Sungai Long. The worship at this Bandar Sungai Long premise has moved to a newly purchased shop house at Bandar Mahkota Cheras in Dec 2015. However the existing shop house in Sungai Long is ideal for the continuity and extension of the two said evangelical work. UTAR is situated just across the present Sungai Long shop house while the homes of the Myanmar students are located within a short walking distance. Thus the church has continued to rent the 3rd floor shop house from January 2016. This one floor premise is named True Jesus Church, Sungai Long Student Centre and Myanmar Fellowship. The premise has a multipurpose hall which can be used for fellowship and recreation activities. There are three class rooms which can sit up to 30 students. There is also a study room with settee and computer tables. The premise has also a dormitory room.

May the Lord Jesus continue to guide and bless the Evangelical work at the Sungai Long Student Centre and Myanmar Fellowship. May we fulfill the great commission for the glory of our Lord Jesus .

SUNGAI LONG STUDENT CENTRE THANKSGIVING FELLOWSHIP REPORT



Thank our Lord Jesus that we are able to hold a combined Myanmar & UTAR students Thanksgiving Fellowship at the newly renovated TJC Sg Long Student Centre on Friday, 18th Dec 2016 at 1.00pm. The purpose of the Fellowship is for the students to give thanks to God for establishing this Centre.

The program commenced with a hymn singing session led by Bro Lian Pi. Dn Caleb Chang gave words of encouragement to the students. This was followed by speeches from representatives of the Myanmar & UTAR students namely Bro Lian Pi and Sis Jayne Ho respectively. Then comes the hymns presentation. The Myanmar students sang two hymns on Joy and Thanks while the UTAR students sang hymn 'Let all things all living'. The students then briefly introduced themselves. The Fellowship concluded with a nasi lemak lunch.

There were 17 Myanmar students and 6 UTAR students present. Three of the UTAR students are non-members. Going forward we will organize regular bible study/ prayer/ hymn singing sessions at the Centre to fulfill the commission given to us by the Lord Jesus.



STAND UP, STAND UP FOR JESUS!

Stand up, stand up for Jesus. Does this sound familiar? Yes, this is the title of hymn number 170 in our hymn book. In this hymn, we are fighting a spiritual warfare together with our LORD Jesus. The phrase “Stand up, stand up for Jesus” is repeated four times, emphasizing that his children must stand up and fight along with him.

In this spiritual warfare, it is about eternal life and death. To win, we have to stand up and take the initiative in serving the LORD Jesus Christ. The church has many leaders who lead and tend the church, but one day, they will pass the baton to the younger generation. So, are you ready to take up the baton and work zealously for the LORD?

In a battle, soldiers are known for their patriotism and zeal, but these characteristics have to be ingrained through training for a long period of time. This applies to our faith as well. In order to improve our faith, we have to present our bodies as a living sacrifice to God, which is our spiritual worship every day (Romans 12:1).

Knowing that we are close to Judgement Day, our adversary the devil prowls around like a roaring lion, seeking someone to

devour (1 Pet. 5:8). The devil will find all sorts of temptations to hinder us from drawing close to God, by blinding us with the luxuries of this world. Wealth, fame, self-glory, arrogance are only some of the tools the devil uses to pull us away from God.

Hence, we must always be watchful and aware of our surroundings and be ready for the attack of the devil by equipping ourselves with the whole armor of God as recorded in Eph. 6:11. To maintain purity, we must constantly keep our bodies holy and run away from any temptation that might lead to sin, so that we may be acceptable to the LORD. Take for example, Joseph. He ran away as soon as Potiphar’s wife tried to seduce him. The most important way to increase our faith is to seek the will of God and have a close relationship with Him.

Therefore, seek ye first the kingdom of God for the second coming of Christ is near. Amen.

By
Bro. Chow Zheng Yang
Junior Youth Class
Petaling Jaya

AN ADVENTUROUS TRIP PROTECTED BY GOD

In the name of Jesus we bear testimony.

During the year-end holidays of 2012, my family and I went to the west coast of the USA for a 3-week holiday. The cities we went to in the state of California include San Francisco, San Diego, Las Vegas, Los Angeles and Mammoth Mountain.

Long story short, we left for Snowcreek, Mammoth Mountain from San Francisco in the 2nd week of our holidays. In case you don't already know, Snowcreek is a small town located on the mountains 7,800 feet above sea level which houses a famous ski-resort. The normal drive by car from San Francisco to Mammoth Lakes takes slightly above five hours. My brother and I were very excited to go on this road trip as we knew that it would be snowing in the mountains. We were generally prepared for the 5 hour journey having bought snacks to munch along the way.

On that very morning, we got up early and left San Francisco at around 8:30 in the morning. It was a cold and wet morning as it had not stopped raining since the night before. Rain splattered hard against the windscreen with sleet making it difficult to drive beside the slippery roads. So daddy had to drive slowly. Three hours into the journey, we were nowhere near any restaurant. We stopped our car by the roadside and ate our packed lunch. After lunch, we continued our journey to the mountains. 2 hours later, we arrived at the foothill of the mountain which was only half way to our destination. We knew we were behind schedule. Nevertheless, we were all excited. At the foothill, we could see snow about 1 foot deep.

As we continued driving, the snow got heavier and soon we reached a checkpoint manned by a ranger who would stop each passing vehicle inspecting them to ensure they were geared for the heavy snow and slippery road condition ahead. When our turn came, we were told by the ranger that our car wasn't safe to drive through the mountain slope as it wasn't a four-wheel drive vehicle. Thankfully, he proposed alternative for us which was to fix snow chains on our tyres to drive up the mountains. Since that's the only option for us to continue our journey, we took his advice and back tracked for about 2km to a rest house where they sold snow chains. We had no clue what snow chains were. By then, the sky was overcast and it continued snowing heavily. The temperature was near 0°C and it was freezing outside.



The mechanic came to my dad's side of the window again and in a serious tone asked my dad whether he had driven in the snow before. My dad replied a clear "No"! He instantly remarked, "God bless you"!

Daddy went into the shop and not long after came out with a man holding some chain-like apparatus in his hands. The man promptly got on to fixing the chains to our tyres. The installation of the chain looked complicated as it definitely couldn't be fixed by one person as it required one person to manoeuvre the steering wheel while the other fixed the chain to the tyres. The chains were not cheap either. Besides, we had to pay extra for the mechanic to install them. Nevertheless, we thanked God as we managed to install the chains and continue our journey. Before we resumed our journey, the mechanic instructed my dad against driving beyond 25 km/h or the chain may come off or it may spoil the tyre which was something we wouldn't want to happen. Because had the chains come off, we would have no idea how to fix it back.

When all was fixed, the mechanic came to my dad's side of the window again and in a serious tone asked my dad whether he had driven in the snow before. My dad replied a clear "No"! He instantly remarked, "God bless you"! Deep inside me, I wondered why the mechanic replied in such a manner. Was he joking and being sarcastic or was there something we needed to be cautious of? Anyway, we were excited being ready to proceed to the mountains. With the chains fixed to the tyres, driving was more difficult especially to keep to the speed as instructed by the mechanic and the noise that came from the chain-bound tyres sounded as if the tyres were about to explode!

By the time we trekked back to the checkpoint, it snowed even heavier. The same ranger checked our chains and gave us the thumbs up to proceed and off we went. As we crossed the checkpoint, the surrounding became darkened as we had actually entered into the woods. Rows and rows of pine trees were seen on both sides of the road. It was really a scene like those we see in the movie, "Snow white and the seven dwarfs". It was a scene to behold and yet scary as there was no visible sign of life apart from the snow covered trees.

The drive was surely difficult as we continued trekking up the mountain in snail pace. The road looked slippery and visibility got poorer by the minute due to heavy snow and the absence of the much loved sun. Along the way we saw some cars stranded by the roadside as they were either broken down or had crashed due to the slippery roads. Some had been abandoned and some still with passengers in them. We then reached a long and straight steep stretch of slope going up and we slowly climbed to reach the top. Once we reached the top of the slope, we were met with an immediate steep descending slope and out of a sudden our car went out of control and started to slide down the slope swerving sideways. Daddy tried to manoeuvre the car to get it on track but he just lost total control of the car. The car continued to slide down the slope as if we were free falling from a roller coaster! At that very instant, we shouted, "Hallelujah! Hallelujah!" continuously. Soon after that, daddy managed to get the car in control again. Thank the grace and mercy of God for His protection!

It all happened so fast and we thought we were going to meet with a nasty accident either crashing into oncoming cars or falling into the ravine. It could have been a really bad accident. All the while when we were trekking up the slope we noticed there were cars following quite close to us as we were travelling at a very slow speed. There were also oncoming cars from the opposite direction. But when our car went out of control, strangely, there was no cars around us. There was only our car on the road. What a miracle God has given us! When we calmed down, we knew that it was truly God had protected us and we immediately thanked God for His protection and mercy on us for keeping us safe. We continued our journey after making sure everyone in the car was fine.

After continuing our journey for about an hour, to our surprised and delight, we arrived at a flat plane with bright and sunny weather to welcome us which was far from what we saw in the woods. It was such a different scene from the snowy mountains that we went through for more than an hour. We were all happy to be driving on clear roads not covered with snow but we were still moving at 25 km/h which was a harrowing drive. After 20 minutes of agonising drive, daddy finally decided to remove the snow chain since the snow had disappeared and the roads seemed save to drive at a faster speed without the chains. We were fighting against time as we needed to arrive at the resort to collect the keys to our chalet before they close at 7pm or else we would have to drive further away to another place to pick up the keys. Daddy found a safe spot to stop the car by the side of the road and got down to remove the chains. It was really difficult to remove as he did not have any tools to do so and he had to do it with his bare hands under the freezing temperature. Nevertheless, he managed to remove the chains and happily we set off to a faster drive.

By now we had driven for about an hour, covering quite a distance and reached a junction where right in front of us was another slope going up just like the one we experienced at the checkpoint. And guess what, right in front of our very eyes, was a familiar sight! It was the woods again. Not only that, it had snow covering the road, a similar scene we saw where we had our snow chain fixed. This time our feelings were different as we no longer excited as we had removed our chains. There were no ranger at this place that we could seek help from. A big signboard on the right side of the road showed a colour code which suggested that heavy snow ahead and vehicle entering that area must either have 4-wheel drive or snow chains. "We are doomed"!

Not wanting to risk, daddy turned back in search for help to have the snow chain re-installed. Just a short distance from there, we were happy to see a little petrol kiosk and we quickly got down to enquire with the operator. There was a lady manning the small shop and she said, "Sorry but I don't know how the chain works!" She also told us that she was all alone and there wasn't anyone else around to help. At that point, we knew that we are stuck. Only God can

we seek help from with our prayers. After that, we continued waiting in the car but still there was no sign of any passer-by. I believe no one would want to go up to the mountains in such weather condition but we were first time tourist heading that way and we were not aware about the danger travelling up the mountains in such weather condition.

A little while later, out of nowhere, a big tractor with a snow plough drove pass heading towards the slope into the woods and started scrapping the snow off the road. After 15 minutes doing that, the excavator operator got down from the excavator and flipped the signboard to give an all clear sign for vehicle to pass! Oh our prayers had been answered. It was really another miracle as we could hardly believe our eyes. Instead of hoping for God to send us someone to help fix the snow chains, He cleared the snow and gave us a safe passage through. God is indeed great! We then got ourselves ready and continued our journey into the woods again. Though the road was covered with snow it wasn't as deep as we experienced earlier. It was slippery but thank God we managed to drive through it safely. By now we had driven for almost 10 hours in total from San Francisco, we finally made it to the resort just 5 minutes before 7pm. Another act of mercy from God. We collected our keys and happily went on to checked into our chalet.

In the whole encounter, we have only God to thank for His guidance, mercy and protection in many ways. He never hid from us when we were in need of His help. God is always there for us and we just need to seek Him. My testimony ends here, may all praise, glory and honour be given unto our Lord Jesus Christ!

By Sis. Katrina Song
Intermediate Youth Class
Subang Jaya



THREE YEARS' EXPERIENCE OF YOUTH THEOLOGICAL TRAINING COURSE (YTTC)



In the name of Lord Jesus Christ I share my three years' experience of Youth Theological Training Course (YTTC).

I remember that night in 2012, I had mixed feelings of apprehension and nervousness right up to the car I travelled until the moment I reached Olive Garden, Port Dickson. Then, my heart could not suppress the feelings of excitement and was beating fairly quick.

That was the year when I first stepped into Olive Garden, which was the year my mother fell ill. I remember that time, my mother was diagnosed with oral cancer and could not speak after her surgery even until the day I went to the YTTC. Because we needed someone to take care of her, my elder sister sacrificed the opportunity to graduate from her 3rd year theological course and stayed home by herself to care for my mother. Until this moment, I still felt very guilty towards my sister.

Because it was my first year in theological training course, I have a thought of going home very soon, after all what we did everyday was to repeatedly attend classes, prayers and prayers for the Holy Spirit. During normal bible camps I already felt very tired, when it comes to a three-week theological training course, as during my first week there, my physical and mental strength had been extremely exhausted, there never was a day that I would want to get out of bed.

However I still thank God, when the second week came, I started getting used to wake up early. My friends were also getting familiar with each other and my understanding towards the bible were also getting deeper with patience during prayer had improved, even though during morning prayer I was not able to defeat sleep deprivation, but while I felt those periods of every prayer were short, I liked that kind of feeling.

In this second week too, I called home to ask about my mother's condition. Suddenly I heard a very weak voice. That was my mother's, my mother who was unable to speak a month ago. When I heard my mom's voice, I started to cry. I truly thanked God. Coincidentally after the

phone call, it was the prayer for the Holy Spirit session. It was my most serious prayer among these three years. Even though I did not receive the Holy Spirit, I still fervently hoped that I will pray harder and be more focus in my second year theological training course.

Then there came my second year of my YTTC. What went different from last year was that my mother had passed away. In a short period of one year, from sickness to full recovery and until my mother had returned to the bosom of the Lord, everything was as if well planned.

In the last year when my mom was sick, she wanted me to bear witness for her. She said she wanted to thank God for letting her speak and had saved her from distress. But in the end I did not have the courage to bear witness for her, and procrastinated until my second year. In a blink of an eye, my second year's testimony was about the scene of my mother from sickness to full recovery, received chemotherapy, until she was being called to the Lord. However I was still thankful towards God although it turned out this way. Maybe it was better for my mother to pass away, because if my mother was still alive, I think she will be only lying on the hospital bed, receiving chemotherapy over and over again. I always believe there is a will of God in everything.

In my second year of theological training course, I did not want to leave the course even more compared to my first year. The daily life of listening to sermon and prayer allowed me to grasp hold of a sense of security, which made me so reluctant to face the outside world. But in my second year, I still did not receive the Holy Spirit.

Finally it came to my last year of youth theological training course, for which I dare not even dreamed that one day I would graduate from it. I always felt that I am very lucky, and I know God is always leading my way. The third year's training went through unusually for me, but it was also a year that I paid the least attention to. I have known many friends and played a lot too during my third year. Even though I was very happy and excited during that time, but when I came to ponder about my life in theological class it was only laughter and fun, there never was a sermon that came into my mind. Although I enjoyed it thoroughly, but in my heart there was conflict and also self-reprimanding. After all, I graduated from the youth theological training course without receiving Holy Spirit.

Theological training course is a really good opportunity for us to know more about God. It is also the best time for us to focus on prayer for Holy Spirit, and a very good fellowship session for us to have bonding with our fellow brothers and



sisters. We must acknowledge that church friends are playing an important role in the aspect of faith, life and everything in our lives.

I thank the Lord for the chance He had given me to attend the three years of theological training course. If there was another opportunity, I think I will pray even harder for the Holy Spirit. Of course we do not only pray for the Holy Spirit during the theological training class, that is why I am still praying hard for It nowadays.

“Don’t let anyone look down on you because you are young, but set an example for the believers in speech, in love, in faith and in purity.” (1st Timothy 4:12)

To those who have not joined youth theological training course, do not be afraid or giving many excuses not to attend.

Three weeks duration is really a short period of time, when it comes to an end you will then realize it is not enough. I hope that those brothers and sisters who had already graduated from theological training course will continue to stay in church and be vigilant in your footsteps. Let us strive harder together until that day comes.

My sharing ends here.
Hallelujah thank the Lord, Amen.

By
Sis. Thoo Xi Er
TJC Kajang



Thank our Lord Jesus Christ that our week-long visit to Sabah was carried out smoothly.

▲ Group Members

Brothers: Isaac Pang (group leader), Tan Teong Chuan, Vincent Ho, Lee Thin Choy, James Tay, Malcolm Len, Stephen Tay, Andrew Tan, Tan Xuan Heng (Klang) & Lucas Lee

Sisters: Esther Tan, Esther Kong & Dorcas Wong

Initially the main purpose of our trip to Sabah was to climb Mt. Kinabalu; but the earthquake which struck on 5/6/2015 rendered it unclimbable. We decided to continue with the trip to visit our churches in Sabah.



▲ 19-Sun

This was the day we flew to Sabah! Due to the excitement, some got less than 2 hours of sleep! We gathered in the Cheras church hall at 3.45am to pray for God's guidance and protection throughout our visit. The flight was smooth and we arrived safely at Kota Kinabalu airport at 10am. Some members welcomed us at the airport and we were hurriedly whisked away to our first destination: Danau church.

▲ Danau

The road leading up to Danau church was steep and rocky. At the top of the road was Danau church. We were welcomed by the members and not a few pretty shy dogs. After a prayer of thanks, we had a friendly and edifying fellowship session with the Danau members.





Testimony 1: A deacon testified that a fire was started to clear the forest near church. Very quickly, the fire spread towards the Danau church compound. This deacon bravely stood before the fire and commanded the fire to stop approaching in the name of Jesus! For a moment, the fire flared as if in retaliation. Suddenly, a mighty wind blew the fire to the opposite direction. That was the testimony of how Danau church was saved from being burnt down on that fateful day. We then left for Papar church where we would be spending our first night.

▲ Papar

We arrived at 12pm and were welcomed by many members. The chairman of the church gave a welcoming speech and encouraged us with a phrase that would resonate deeply within us. “Jika masih bernafas, kita tiada pencen, bila habis bernafas, maknanya pencen selamanya”. (While we still have breath, we do not have a chance to rest but must toil for the kingdom of God; only when we are dead, can we rest from all our labours in the Lord) (Heb 4:9-11).

After lunch, we left for Menunggang church, followed by a boat ride to see the famed proboscis monkey and firefly sightseeing at night.

We took a couple of hours to drive back to Papar church after our boat ride due to the Hari Raya jam. The jam was also exacerbated by the fact that a lot of Sabah's roads are single laned.

We arrived safely at Papar church and were pleasantly surprised to see a durian cake (with the words “Welcome to Papar Church”) and soup prepared by the members. Before we turned in for the night, the members made sure that we were comfortable and that

everything was in order before leaving for their respective homes. Thank you for your love and care Papar church! Papar church left an indelible impression on me because of the how friendly they were and the love they showered on us throughout our very brief stay there.

▲ 20-Mon

We woke up slightly after 6am to find the sun bright and shining. After breakfast, we said goodbye to the lovely members there and were driven to the Klias River Resort for some water activities.

At the resort, the moment we dipped our feet into the cool river, the fish swam around and in between our legs, tickling us. We spent more than an hour there just feeding the fish and skipping stones.

Later that afternoon, we visited 4 churches in the interior zone: Tuntumulud, Mantanoi, Kepayan and Luanti.

▲ Kepayan

Kepayan church has an open air church hall. But a new church hall to replace the open air church hall is currently under construction. We were later informed that the manpower for the construction of the new church hall were 100% local members!

The speech by the church chairman really moved us. He testified of how God has been constantly guiding this church and confirming His truth with miracles.

Testimony 2: During a baptism carried out by the Kepayan church, members

from another church saw the water turn red; confirming that the blood of Christ was indeed present in the True Jesus Church for the remission of sins.

Testimony 3: This was the chairman's personal testimony. He and his immediate family are the only believers in his family. He testified that when he was younger, he decided to receive baptism in the True Jesus Church. After his baptism, his family disowned him. Despite that, he thanked God because deep down he knew that he had chosen the be on the side of God (Josh 24: 15b). We later departed for Luanti church.

▲ Luanti

We reached Luanti in the evening. We would be spending the night here. As Luanti church is in the interior region, facilities were down to the bare basics; which wasn't a bad thing! We learnt to be more appreciative of what we have.

Luanti church is surrounded by members' houses. We were told that should any problems arise, the congregation would gather in the church to pray and their problems will be solved.

After a dinner, we had a fellowship session. Members from churches situated near Luanti church also joined us. It was an edifying session filled with hymn singing, sharing of testimonies and words of exhortation. The fellowship session was riddled with jokes which made us laugh, A LOT! Truly, the members here may not have much materially, but they were contented and full of joy (Phil 4: 12, Phil 4: 4). This was a lesson we hope to bring back to Cheras with us: do not be ensnared by worldly temptations but remain contented and abound in giving (Heb 13: 5).

When we switched off our torchlights and gazed upwards, the sight took our breath away! First, there was just a black void. The longer we looked, the more stars appeared, twinkling at us. Soon, the whole sky was a-glitter with stars.....

At about 10pm, we took a walk around the fenceless church compound - stargazing. The area we were trudging through was not lighted and littered with dog poop. We had to use torchlights and be careful where we step! When we switched off our torchlights and gazed upwards, the sight took our breath away! First, there was just a black void. The longer we looked, the more stars appeared, twinkling at us. Soon, the whole sky was a-glitter with stars - certainly not something we would see in Kuala Lumpur. Hymns 212 and 219 comes to mind. As the stars were dispersed and remain twinkling in the darkness, so too must we go out into the world and let our good deeds be known far and wide, to light up the world. At the same time we must remain steadfast in the Word and not let our light be overcome by the darkness. We must not remain concentrated in one area, to only shine brightly in the church but we must do good and shine in our respective places in society. Just as the lyrics go: "we must shine, you in your small corner, and I in mine".

▲ 21-Tue

After morning prayer, we departed for an Agricultural Park. After looking at much flowers, we had our lunch with some church members who met us here, at the Agricultural Park.

▲ Tenom & Keningau

We arrived at Tenom church, our Youth Chairman's local church. We chatted with the members there for awhile before touring the compound. We then departed for Keningau church.

We arrived late in the evening and had dinner with the members. A friendly Sabahan youth joined our table for dinner and proceeded to converse in fluent Mandarin with us. We departed for Likas church, where we would be spending the night.

▲ 22-Wed

After breakfast, we departed to Manukan Island for some Rest & Recreation (R&R). The younger members of the group went snorkelling in the crystal clear waters (I was later informed that the water got pretty murky as more people entered the waters) and for a banana boat ride. The older members opted for a less gruelling schedule of enjoying the sea breeze under the shade of the palm trees. Here we relaxed and unwound -far from the usual hustle and bustle of the city.

Thank God for this R&R session. Later we embarked on a 5 hour drive to Kudat church. Our drivers took us on a detour to the Tip of Borneo, Tanjung Simpang Mengayau. As its name suggests, the Tip of Borneo is situated at the very tip of Borneo. Due to the constant washing of the waves, the rocky cliff here has taken on a unique and surreal rounded look.

▲ Kudat

Because of our detour, we arrived at Kudat church 3 hours late at 8pm. Though we were very late, a significant number of members still waited to welcome us (2 Cor 5: 13, 14) and have a brief get-to-know-each-other session with us. We spent the night here.

▲ 23-Thu

▲ Kota Marudu

After breakfast and prayer, we departed for Kota Marudu. Upon reaching the outer compound of the church, we could hear the voices of children singing hymns to welcome us. They only stopped singing when every member of our visiting group was seated in the church hall. Prior to departure, they gave us some coconuts for the journey and warned that the villagers at our next destination, Kota Belud, were 'fierce and scary'. We, the youths were told to mind our manners!

▲ Kota Belud

The journey to Kota Belud was a dreary one. For those of us who got the 'coveted' window seat, got more than a generous amount of sun. At the end of the day, we were noticeably darker. Even the air conditioner in the van seemed to work more sluggishly in this heat.

All this changed when we arrived at the Kota Belud church. Once we set foot in the church hall, we found ourselves in a chilly and cosy atmosphere. The air conditioner had been turned on prior to our arrival. The church hall was small and snug. It was chilly and it had a pleasant aroma. We cooled off in a few minutes. We were then invited to explore the outer church compound by Dn. Chong.

The Kota Belud church is fused to this Dn's house like a set of Siamese twins - literally. The common area, where we had our lunch had a truly rustic feel. Dn. Chong is a carver. He collects stones, shells and even teeth to create works of art. In the common area, we were surrounded by wood and stone carvings of animals and other inanimate objects. The deacon later played music of the 1980s; much to the delight of the elderly members in our group! Dn. Chong was a true entertainer and knew how to amuse

his guests. All too soon, we had to leave for Guong church.

▲ Guong

We took another detour to visit a church situated about 10 minutes away from Guong church, this church was called Gentuong church. We had a short meal and a fellowship session. When we were about to leave we realized that one of our vans had gotten stuck in the mud. Thank God, in a jiffy, a couple of brothers managed to push the van out of the mud.

We arrived at Guong, where we would be spending the night. There, we were met by one of our brothers who frequented Cheras church. Later that night, we had a fellowship session with the brethren. After choir presentations by the Bethel, Esther and Eliata choir group, Pr. Lazarus proceeded to give a brief history of Guong church.

Testimony 4: Guong church was a very well-equipped church, which reminded me a bit of our church in Port Dickson. Pr. Lazarus revealed that 90% of the members in Guong were farmers and to be able to construct a magnificent church of this magnitude would have been impossible if not for their spirit of offering and God's help. (Lk 1: 37, 2 Cor 8: 3). Pr. Lazarus also added that many of the early truth seekers had the right mind and attitude towards the Word when it was first preached to them. Thank God that many of the truth seekers who first received the Word from the True Jesus Church, did not only receive it at face-value but cross referenced these teachings with the Bible (Acts 17: 11, 12, 1 Thes 2: 13). The truth was also established in Guong through the great power of the Holy Spirit, as some truth seekers had determined to only believe if they received the Holy Spirit and their wish was granted them.

There was a power outage during supper. But that didn't stop us from having a fellowship session in the soft candle-light. We spent the night at Guong church.

▲ 24-Fri

We departed from Guong at 8.30am. The members took us to a scenic grassy plateau. The scenery was indeed breathtaking, we were in a vast grassy meadow. The sea of grass gently rose and fell akin to waves to form little hillocks and dales before us. Further into the distance, we could see the Crocker Range with its jagged peaks surrounding us. As our eyes followed the jagged peaks of the Crocker Range, there arose a towering and imposing hunk of rock which was Mount Kinabalu. We stared in wonder and appreciation. After some pictures, we departed for Ranau.

▲ Ranau

On the way to Ranau, our drivers drove us through the highlands of the Crocker Range. This time we didn't mind the sun beating down on us through the open windows of the van as the highland air was cool and refreshing. There were even times we drove past areas shrouded by mist.

We reached Ranau church at 11.30am and were welcomed by Dn. Amos Yong. Ranau church was affected by the recent earthquake and was hit by over a hundred aftershocks. Hairline cracks were evident on the walls of the church hall. Thank God, the damage didn't look too serious. But greater thanks should be given to Him because, through this calamity, many members began to ponder more on the frailty of life and began attending church services more regularly. We rested, sipping coconut water and eating handpicked mangoes from the garden of Ranau church. We left after a prayer.

▲ Tamparuli

It was a long drive to Tamparuli church. We arrived at 4.20pm. The members took us to visit 3 nearby churches and a hanging bridge. Our Youth Chairman, took a trip down memory lane at Tuaran church, recalling the

days of his youth when he was quite a 'rascal'. He pointed to the front seats in the church hall and recalled fondly how he used to nod off during lessons in his theological days. We thank God that he has changed for the better and is now our Youth Chairman. :)

We went back to Tamparuli church for Friday night service, which consisted of a welcoming session and hymnal presentations. Four choir groups presented (Merpati, Gandum, Bethlehem and Sharon). The choir groups were really sincere in their singing, especially the little children. Their sweet voices filled the huge church hall (Ps 30: 12).

After supper, we left for Likas church where we would be spending the night.

▲ 25-Sat

We truly thank God that He kept all of us in good health up to this point. However, on this Sabbath morning, one of our brothers fell sick with food poisoning-like symptoms. During this worrying time, we saw the manifestation of love and care from the brethren.

We prayed for this brother's health during our morning prayer before leaving Likas. A minister who was present laid hands on him. And from then on we left it all into God's hands and continued our journey. Breakfast was at Kelombong church.

▲ Kelombong

Kelombong church, like Cheras is situated in a shop lot, except that Kelombong church occupies the entire row of shop lots! Up until this moment, all our meals were Malay or Chinese styled cooking. This breakfast however, resembled an all-American Big Breakfast with toast, ham, cheese, sausages, baked beans and muffins. The members were indeed generous, abstaining from taking any food until

we had taken our portions. Even then, they regularly came to our tables to offer us more food. Upon noticing something amiss with our ill brother, they supplied medicine and 100Plus (to keep him hydrated) and a room for him to rest before leaving. May the love and care in the church endure and not grow cold (Matt 24: 12, 13).

After the sumptuous meal, we stayed for Sabbath morning service with them. We left, thanking them for their kind hospitality.

▲ Doggongon

Doggongon church is a church built on a massive 1.8 acres of land - a huge contrast from churches in West Malaysia. We had a testimony session with the members here. It was a mutually edifying session. Sis. Esther Kong testified.

Testimony 5: This happened when Sis. Kong was still a kid. She was down with flu. Her family had only a little money in savings and could not afford to see a doctor. Her condition worsened as the days went by. In desperation, Sis Kong's mother filled a cup with water and with faith, asked that God have mercy and heal her daughter. After drinking the water, she was healed (Eph 2: 8).

Testimony 6: While taking a stroll, Sis Kong suddenly passed out on the side of a lonely path. She remembers being conscious but immobile. Turning to God, she prayed that God not let her die in such a disgraceful way. During the prayer, she saw two hands emerge and remove some of her organs which looked swollen and replace them with new ones. She woke up and resumed walking back to her house to testify to her sister.

The testimony session ended with a plea by the speaker to pray for the advancement of the Word in the Doggongon area. There is a well-established Catholic church in the area. We had lunch with the members here under a long bamboo-roofed

canteen. We left for Sabbath afternoon service in Penampang church.

▲ Penampang

We arrived just in time for afternoon Sabbath Service in Penampang. During this Sabbath afternoon testimony session, Bro. Vincent gave a moving testimony on submission.

Testimony 7: This happened many years ago when he was spiritually weak. After church services, he would leave immediately and seldom participated in church activities. Much of his time and effort was spent on building his career. One day he fell sick. An operation which was potentially life-threatening was scheduled. Being the head of the family, naturally he wanted to shield his family from this bad news. In his dilemma, he turned to God and found the strength to inform his family and went ahead with the surgery. Thank God, the operation was a success. Problems arose after the operation and he could not go to work because he needed to recover from the operation. Money became an issue even for daily expenses. A bank loan was taken with his car as collateral. Being unable to work, he was between a rock and a hard place. Naturally he was worried for the future, but he prayed that God's will be done. In this trial, he began to draw closer to God. Bible reading and prayers became a daily routine. Thank the Lord, he did not have to lose his car to the bank. In fact, he now owns a few cars, has a comfortable home and his children are currently pursuing tertiary education. May we continue to set our hope on God and "not forget the works of God, But keep His commandments;" (Ps 71: 5, 78: 7). After the Sabbath service, we returned to Likas church.

▲ Likas

Upon arrival, we had a few hours to spare before our night fellowship session with the tertiary youths of Likas church. We, the youths of the group, opted for a much needed nap.

At 6pm, we got up to help prepare the food for the session - only to find that the youths of Likas had already prepared them all!

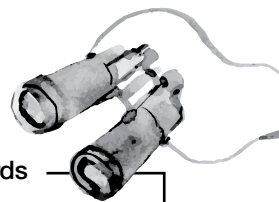
After an early dinner, we were brought to the Youth Lounge for an ice-breaking session and some activities with the tertiary students of Likas. The Youth Lounge is a long but narrow fully air-conditioned pantry. Maybe one day Cheras church could have one of these!

We bade farewell to the youths and turned in for the night rather early. This was our last night in Sabah. How quickly good times come to an end!

▲ 26-Sun

Our flight back to Kuala Lumpur was at 10.30am. After breakfast we were driven to the airport where we waited for our flight. Thank God the flight was smooth.

We arrived safely back in Kuala Lumpur at 1pm. We were tired, but the trip was indeed rewarding.



Final Words

A heartfelt thank you to the Sabah GA for planning and executing this trip for us. A huge thanks also to our skilful drivers. On some occasions our drivers had to deftly manoeuvre the van to avoid huge piles of dung and cattle crossing roads. Also thanks to our local brothers who drove us to and from KLIA.



By **Bro. James Tay**
Cheras Church



SHARING MY EXPERIENCES

In the name of the Lord Jesus Christ, I share.

I am a member of Sabah True Jesus Church. In October 2012, I attended church services in Cheras church for the very first time. There was a youth fellowship at Brother Lee's house and I was invited for the steamboat dinner. Although it was the first time I met Cheras church members, I felt like I was already a part of this big family. On December 2012, Brother Lee invited me and some Sg. Long members to a place called "A Heavenly Place" to celebrate New Year. The young and old members gathered together to sing hymns to praise the Lord and share testimonies. After that, due to my participation in the Hosanna Choir Group, I attended Petaling Jaya church. On October 2013, Cheras church organised an annual tertiary activity at Ipoh. This particular event brought me back to Cheras church. For a few months, I participated in the activities organised by Cheras church. The number of participants was not many, and they were mainly tertiary students.

On 20th September 2014, Cheras church organised the Working Youth Fellowship. Although I was not invited to participate in this activity, I still did. At the Working Youth Fellowship, I saw faces that looked familiar. Most of the youths who attended the Fellowship have families. Brother Lee, shared his life experiences at this venue called "A Heavenly Place". He told us that life gets more hectic after having a family. On the same day of the fellowship, I heard this same message conveyed by the working youths. During that night, the thing that touched me most was when I heard them say, "long time no see" and "I missed all of you" to one another. Yes, we gather together because of the love of God. When we enter into working life, the chances of meeting each other become lesser. But, it is the love of God that enables us to have the opportunity to gather, to show concern and care for each other. Working can cause fatigue, but on that night, everyone put aside their worries and enjoyed the fellowship with a peaceful mind. Though it was just a few minutes long, the sharing was sufficient in edifying one another. To be able to have fellowship in the Lord is a beautiful moment, because each and everyone is a part of the body of Christ and partakers of the same Spirit. During the sharing session, I depicted myself as a "wanderer". Though I was a wanderer, I felt the warmth of home because of the church. At church, there are many brethren who care for me, and this is the warm union we share as a family in the Lord.

On 22nd March 2015, Petaling Jaya church organised an annual Working Youth Spiritual Nurture Session. The theme was "Is a career a blessing or a curse?" What is the purpose of us working? What is the ultimate purpose of men striving hard in their careers? Before speaking on careers, the speaker introduced about the individual "I". I am a Christian; I am God's child; a heavenly citizen; I do not belong to the world; I have God's promise with me (Mt 6:33-34). After knowing ourselves, the values we hold in life will influence our choice of career. The differences in values will affect personal character, lifestyle, attitude and target in life. So, when we develop our values in life, we should take note of, "who do I put my faith in" and "what do I believe". In the book of Genesis, Adam was created to take care of God's creation. After man had sinned, the earth was cursed because of man (not because of Adam). Adam was punished. He had to work hard for his entire life, and with his sweat was he only able to gain food. The earth will produce thorns and thistles, causing difficulties in man's work. However, when man toil and labour, they can gain enjoyment too. Pleasures in life is the gift of God (Ecc 5:18-19); but, seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you (Mt 6:33). Therefore, the purpose of working is to serve and glorify God. Thank God that He gave me this opportunity to take part in the Working Youth Spiritual Nurture. The session enabled me to have a deeper understanding of the attitude towards working, as well as to understand that whether in studies or work, we should do it for the glory of God. To work is the responsibility of man, and it is a necessity. We should understand our status and the calling of God. Only then, will we be able to remain faithful to God and to glorify Him in our career (this was the conclusion of the spiritual nurture session).

After this year, I will be a working youth. Thank God that he had watched over me throughout the time I spent in West Malaysia. To be able to be together with the brethren of West Malaysia was indeed the great grace of God. May the Lord continue to guide and keep each and every one of you. May all praises, glory and honour be unto His holy name, until forever more.

Amen.

By
Dorcas
Cheras Church

WHILE AWAY FROM *Home*



Staying away from home, family and friends was indeed not easy as I had to learn to be independent and to do everything on my own. At first, it was really hard as I could not avoid being homesick. I felt lonely while trying hard to adapt to my new and strange surroundings. But looking back, I would say it may have been the will of God for that was how I started to build a closer relationship with God.

University life is indeed different from that of college or any other earlier educational institutions. In the university, we are treated as one unit in our respective courses, we work together on the same things and we walk the same pathway everyday - yet I notice a difference. Outwardly, my course mates and I appear to be similar but in fact spiritually and emotionally we have differences. In the university, it is unavoidable to face stress and obstacles especially during the exam period. Often, I notice my course mates feeling insecure because they think that they are facing this all alone, fighting the battle alone but for me although in times of stress, I do not go through what my course mates experience. I believe all of you will understand why, it is because we have the Lord Jesus to depend on. I feel that I am different from them because I have this privilege of receiving guidance from the omniscient God. I know the Lord God is always there for me and I know I am not going through this alone. Although I am afraid, I know how to trust in the Lord and this is something that I have learnt since I arrived, that is to entrust everything to the Lord.

Besides that, I would like to thank the Cheras church and all the brothers and sisters who have showered their warm concern for me. Frankly speaking, at first I wasn't that enthusiastic about attending services at the Cheras church for I missed my local church and all the brothers and sisters there. But by the grace of God, I felt the love given by the brethren in the Cheras church and slowly I was able to adapt myself well. If you ask me to describe my life in the Cheras church I would like to say it is like a training ground, a spiritual training ground preparing me to be a useful vessel for the Lord in the future. I have learnt so much since I came here and I believe I will gain even more in the years ahead. I would like to thank the Cheras church for giving me an opportunity to learn and to serve the Lord more, may God remember your love and kindness. Furthermore, to me the church feels like a home filled with love. I do love spending the weekends and overnights in church because to me the feeling is really different from staying in my own hostel for it feels like I am home. Staying in church has also allowed us youths to grow closer together for we often share our own experiences with one another and through this we learn how to care for one another, to give mutual exhortations and be watchful for one another. Also, we have discussions about the Bible and the doctrines and this has helped me a lot in improving my Bible knowledge.

To my dear brothers and sisters who are currently away from home no matter for studies or work, I believe you and I share the same experience. To those who are preparing to leave home especially for studies, do not worry much for God is always with you. Although it may not be easy initially but as you journey along, you will slowly explore many exciting things that have been prepared specially for you. And I believe you, too, will gain many great experiences just as I have and of course gain more spiritual knowledge and be able to serve the Lord better.

I still have a long journey ahead here but I have learnt not to fear for I know the Lord is always with me. In fact, by His grace, I am having quite a fun time collecting interesting memories here in the Cheras church. :)

By
Stefanie Shee
Bayan Baru Church
Penang



FAITH AND FACEBOOK

The Bible says: "All things are lawful for me, but not all things are helpful; all things are lawful for me, but not all things edify." (1 Corinthians 10:23) Also, there is a Chinese saying which goes: "Water can carry a boat, but it can also overturn it."

A knife can be used to prepare a great meal in the hands of a chef. On the other hand, a knife is capable of harming people at any time and any place if it were to fall into the wrong hands. Therefore, that one knife is able to produce two distinct impacts and consequences.

In this age of information technology, Facebook does have an unlimited development potential. From the perspective of faith, it can contribute in fostering fellowship and mutual understanding among brothers and sisters. In the gospel ministry, it serves as a platform for evangelism, sharing and follow-up. It seems that we can effectively make good use of Facebook's functions. The Bible says: "Him we preach, warning every man and teaching every man in all wisdom, that we may present every man perfect in Christ Jesus." (Colossians 1:28)

However, we should always remember that Facebook can also have a negative impact on our faith. It can pose certain unseen threats to us. The following three points are for reference and encouragement.

1 | Losing One's True Self

The Bible says: "Let not mercy and truth forsake you..." (Proverbs 3:3) Life is like a play, while Facebook, a theatre stage. On Facebook, a person has the freedom of creating a show about himself, of which he himself takes up the roles of the director, the actor as well as the playwright. Facebook allows us to enjoy complete autonomy --- It allows us to customise others' impression about ourselves and to let others make comments about our values.

Therefore, the desire to obtain others' 'like' and responses will definitely be a huge determining factor of our mood. Over time, we tend to live under the judgment of others, and ultimately lose our true self.

In Proverbs 12:19, it says: "The truthful lip shall be established forever, but a lying tongue is but for a moment." Religion emphasises religious piety. Truthfulness is the basic requirement to being pious. Therefore, we should avoid losing our true self in Facebook. Moreover, one should be prudent and honest in dealing with others. We should have a positive attitude and a correct motive, so that we can shine forth the light of our faith in Facebook.

2 | The Temporary World

The Bible says: "Yet he has no root in himself, but endures only for a while." (Matthew 13:21) In this age of advanced information technology, the younger generation can be virtually omnipresent through Wi-Fi wireless network. With an array of apps available out there, youths virtually know everything. Through computers and smart phones, we are able to access an endless amount of information so much so that browsing, learning and reading everything in our lifetime would be impossible. In Facebook, people share massive amounts of information. If we were to describe it with a few words, that would be "truckloads", "chaotic" and "messy".

Because of the vast amount of information presented before us, we are not able to seriously read, think and process them. They flash before our eyes, but never leave a trace of memory. They are like leaves blown by the wind, drifting across the "windows of our souls" for a brief moment only. But, over time the worldly bits and pieces will accumulate in our hearts.

The Bible says: "rooted and built up in Him and established in the faith....." (Col 2:7)

A heart containing bits and pieces from the world cannot accommodate eternal values. Such souls only live in the moment. They pursue immediate gratification and pleasure of the moment, thus losing the peace, quietness, and pursuit of the eternal meaning of faith. We should not allow Facebook to unknowingly lead us into focusing on the temporary world. On the contrary, believers should practice love, patience and a heart of Christ. We should influence others to think and seek the love and grace of God as well as the eternal promise and hope in our faith.

3 | Third, You are a Prince

The Bible says: "Behold what manner of love the Father has bestowed on us, that we should be called children of God....." (1 John 3:1) If we over indulge in Facebook and allow it to become the centrepiece of our life, we might risk losing our identity someday.

Facebook's "diversity" will virtually replace the "independence" we have in our lives. If a person has his life attached to an invisible and non-existent "parent-life", his concepts about life, values and the ability to discern good and evil might be gradually altered by the "parent-life's" tremendous power.

Because of God's grace and truth, the children of God ought to have noble qualities. "And do not be conformed to this world, but be transformed by the renewing of your mind....." (Romans 12:2) You are a prince; you are a child of God; you are the salt of the world; you are a citizen of the heavenly kingdom. We should be brave enough to show and declare this distinguished identity of ours. Besides, we ought to unleash the Spirit-filled life, the joy from God's love, and the power of faith and grace that God has bestowed upon his children. We should proclaim and glorify God in Facebook.

Conclusion: The above viewpoints are not meant to judge the rights and wrongs of Facebook, but are intended to remind us of the possible adverse impacts Facebook might unconsciously inflict upon our fellow believers. Therefore, may God grant us wisdom, so as to allow the users to not only be unaffected, but go on further by benefitting people and glorifying God in Facebook.

By Preacher Ezekiel Chang

PREPARING CHILDREN TO SERVE *from Young*

"Let no one despise your youth, but be an example to the believers in word, in conduct, in love, in spirit, in faith, in purity" (1 Tim 4:12)

Children are a heritage from the Lord (Ps 127:3) and God has entrusted parents to be stalwart stewards of His children. To ensure they mature into godly children, parents have to work diligently to pursue different positive goals in raising them. Teaching children to serve others and in the church is one of the major goals. God admonishes parents to prepare and teach their children early in life to take a godly perspective in serving Him and to provide care and help to others. (1 Pet 4:10). Serving must form a parallel journey alongside their faith – works must move in tandem with faith.

▲ Meaning of Serving

"For even the Son of Man did not come to be served, but to serve" (Mk 10:45a)

When children serve, they acquire servile submission and learn to live the life of a servant. This quality epitomizes the life of Jesus (Mk 10:45a). They acquire valuable traits such as humility, discipline, responsibility, submissiveness, self-respect and tolerance. Parents should teach their children to think and see beyond themselves; to be less 'self-focused' but more 'others-focused'. Serving will afford them the joy of helping which demonstrates their love through acts of kindness and service when they willingly give to accomplish what is good for others.

A commitment to serve is also an act of obedience and honoring God. Serving is central to Christians and an important expression of our Christian faith. Teach them that it is their responsibility to serve and be concerned for members in the church as well those beyond the boundaries of the church.

▲ Serve from Young

When should we start to train our children to serve? Hannah, the mother of Samuel brought him to the house of the Lord in Shiloh when he was very young. (1 Sam

1:24) She relinquished her son and left him in God's care and protection where he submissively learned the ways of serving. Therefore, training children to serve from young is scripturally appropriate. Training them to serve in early childhood, may lead to greater exploits as they grow and mature in their faith. This augurs well for the future.

▲ Groundwork

Parents and RE teachers play a crucial role in encouraging and nurturing a heart of service. This requires motivation, perseverance and endurance. Teach them to acknowledge the grace of God and that serving is a means of repaying God's grace (Ps 116:12). As they make inroads in this field, they should cooperate and collectively lay the groundwork to prepare the children to serve. They must be committed to praying for the guidance of the Holy Spirit before embarking on their plans, directions and purpose.

▲ Walk the Talk

"In all things showing yourself to be a pattern of good works" (Tit 2:7a)

It is my personal opinion that first and foremost, parents should teach and lead by example because they are their children's 'mind and mentor'. It is only natural for children to mimic the behavior of their parents. Do we as parents ever consider what kind of lessons in serving our children are learning from us? Are we serving in church? Serving by example is an effective teaching tool. Therefore, parents should measure up as godly examples to their children (1 Pet 5:3). Providing the right example is crucial. Conversely, we may persuade and encourage them to serve, but unless they see us doing likewise, all teaching will be in vain. If parents show an indifferent and insincere attitude in serving, it is more likely that children will imitate this negative example. Be exemplary in your service. Actions have more impact than words.

▲ Serve as a Family

"But as for me and my house, we will serve the Lord" (Josh24:15b)

This is Joshua's bold affirmation of his faith - he and his family will serve and live by faith in God. Likewise, parents should stand firmly on these words spoken by Joshua. It is their sole responsibility to take this spiritual lead. Each and every member of the family must find a place to serve in church. Serving as a family unites their commitment to God as they jointly pursue a mutual objective of honoring and glorifying Him.

▲ Identify Gifts and Abilities

"As each one has received a gift, minister it to one another, as good stewards of the manifold grace of God" (1 Pet 4:10)

God has blessed every child with skills and talents, and everyone is gifted in his or her own way. Some children in the church may be more gifted and so are often thrust into the forefront. But, that does not mean that those who are less gifted are to be left in the background. Children must be reminded that no one is insignificant in the church and in God's eyes, nobody's service is less important than another. Strongly emphasize that every sincere and honest service (however unimportant or menial it may seem) rendered to members and to the church is much appreciated and honored by God. Parents and RE teachers hold the responsibility of teaching children to serve with joy, humility and earnestness. Help them identify and develop areas where they show aptitude and interest so that they can offer the best contribution in their service. These may be in the field of evangelism, speaking, literary, art, music, creativity, leadership as well as personal or spiritual gifts. They must use these God-given gifts for a more important purpose in life and not as a showcase for their talents. They need to learn to use these abilities to serve and honor God and those in need.

▲ Attitude in Service

"And whatever you do, do it heartily, as to the Lord and not to men, knowing that from the Lord you will receive the reward of the inheritance; for you serve the Lord Christ." (Col 3:23-23)

Children must be constantly reminded to serve with the right attitude. Only then will

their efforts be fruitful and effective. Ask them to search their hearts and examine the purpose of serving. Is it spiritual fervor, self-esteem, gratefulness to God or selfish ambitions that motivate their service? What God desires is a consistent service that is God-focused, one that does not succumb to mood or impulse and a heart that sincerely yearns to serve Him and not to win the plaudits of men (Eph 6:7). Their serving will then glorify God and in turn will profit the church. On the other hand, if their goal in serving is to gain the praise, envy and admiration of other members in the church, their service is then rendered futile and insincere. An enthusiastic and fervent worker of God must develop a perfect, humble and submissive Christ-like attitude.

▲ Difficulties Faced in Serving

Children are sometimes reluctant to serve in church. They make every conceivable excuse to avoid participation. Being very time conscious, the most common and familiar excuse is that they just do not have time. Undeniably, children today are living in a demanding world. Their workload in school is prodigious and their hectic overloaded schedule of activities eats further into their remaining time. Whatever little time left is spent on social networking sites and accessing their indispensable mobile phones! Knowing that this leaves them with no time for anything else, parents may feel guilty asking them to serve in church or help others in need. If this is so, their lack of commitment and ability to serve God will be severely diminished. Do not allow children to use "no time" as a feeble excuse. Parents need to justify and inculcate the importance of serving. Tell them that God had put them here for a purpose - to serve Him and others.

At times, children can be passive and overtly reluctant to be involved in any form of service; the reasons being lack of self-confidence and a fear of inadequacy. They think others are better. This happens when we make unfavorable comparisons between children who are serving the same task. At this point, parents and RE teachers should be a valuable resource for teaching and encouraging. Constantly reassure and encourage them to pray and put their complete trust in God to rein in their fears and anxieties. Exercise prudence and patience. A good starting point is to serve together with them, parents and teachers supervising as the mentor. Pray together and share ideas about how they can serve and improve by the strength that God supplies. Imprint in their minds that a service which embodies the earnestness and simplicity of their hearts is greatly approved by God. When children have gained sufficient confidence, they will then feel comfortable serving by themselves.

▲ Challenges Ahead

Raising children to be good servants of God begin at home. Parents and RE teachers as well as ministers of the church should make a concerted effort to train and nurture the love and joy of serving to ensure that they are well equipped for a lifetime of service. Those who serve when they are young will most probably serve when they are adults. The young workers that pass through the doors of the church today will indeed be the future generation of workers who will bring to fruition their pursuit of a lifelong service to God and men - a service that God would surely esteem.

By **Tan Guat Kim**
Cheras Church

My journey OF BELIEVING IN THE LORD

In the name of Jesus I bear testimony.

Thank God for giving me this opportunity to share my journey of believing in the Lord and his beautiful arrangement for me. I am often touched by the spirit when listening to sermons and singing hymns. It is the amazing grace of God that I am now His child. Till today, I can't fathom this opportunity that has been granted to me to receive this beautiful gospel. What will my life be if I do not have Jesus, without eternal hope, joy and peace in Christ? I would be like a small ship sailing aimlessly in a vast ocean, adrift and living a life without meaning and direction.

Before believing in Christ, I was an actress and a model. I was involved in the entertainment industry including acting in several dramas and modeling. This was my profession before believing in Christ. I had been in the entertainment industry since 17 years old after high school until the age of 23, which was the time when I heard the gospel. I was in the entertainment industry for about 5 years. Although those years seemed to be filled with fame and glory, I was unhappy.

I had the chance to appear on television, meet celebrities; attended various functions and wore beautiful branded clothes. Yet I found it hollow and did not enjoy this life of a celebrity. Sometimes, I felt empty to the extent of being heavy-burdened as I actually disliked to perform. My involvement in the entertainment industry was a mistake as I could not mingle and fit in. Sometimes, while I was acting or modeling, I thought to myself, "What is my purpose of doing this? Why is it that others can enjoy but I feel no joy being part of this?" I often felt this emptiness in my heart while driving alone to the filming location or on the way back home which sometimes was way past midnight. I acted in various television dramas, and my face appeared in magazines, but what did all this glory and fame give me? What is left after this? It felt so false and all seemed a vanity.

'Set me free from my prison, that I may praise your name. Then the righteous will gather about me because of your goodness to me.'
(Psalm 142:7)

Although I did not know God at that time, but I know God heard my cries. Through His abundant grace and mercy, God saved me from the world that did not belong to me. I heard the gospel through a brother and got to know the true God that created the heavens and the earth. I followed this brother to church and listened to the words of God, attended truth seeking classes and naively believed. I believe that God guided me, giving me a simple heart to receive His blessings. My family also had no objection in me believing in Jesus Christ.

After attending truth seeking classes, I understood more about the Ten Commandments and knew the importance of keeping the

Sabbath. I knew I had to make a decision. If I continue to be an actress and model, the busy schedule and irregular working hours will prevent me from keeping the Sabbath.

But if I do not work in the entertainment industry, what else can I do? After graduating from high school, I gave up the opportunity to further my studies as I had entered into the entertainment industry. I did not enter college and without a degree, where else can I venture in?

In actual fact, God has already arranged everything for me since the beginning. During the five years in the entertainment industry, there was a year where I went to register for an accounting course.

I still remember when I mentioned about my interest in taking up an accounting course to my colleagues and friends, they were surprised. They had thought that I would take up courses relating to performing arts instead of an accounting course which is totally unrelated to my profession.

At that time, most of the actors and actresses would attend various seminars on performing arts, but I was just not interested. Eventually, I registered and completed my course. Praise God that He had arranged everything for me so that when I left the entertainment industry I could work in this field.

In their hearts humans plan their course, but the Lord establishes their steps. (Proverbs 16:9) For my thoughts are not your thoughts, neither are your ways my ways," declares the Lord. "As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts." (Isaiah 55:8-9)

When I made the decision to leave the entertainment industry, I was worried about my financial position because the pay in the entertainment industry was lucrative. I was reminded by a verse in the Bible. "Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?" (Matthew 6:25-26)

With this assurance, I left the entertainment industry. I do not know why I had such strong faith to leave the industry. I believe it is because the Lord had guided me every step of the way. 'For the kingdom of God is not a matter of eating and drinking, but of righteousness, peace and joy in the Holy Spirit.' (Romans 14:17).

In October 2012, I was officially baptized into Christ and I was no longer involved in the entertainment industry. I received the Holy Spirit three months after baptism. Under the guidance of the Lord, I became an accounts executive in a production company where I once collaborated with. It was quite tough in the beginning as the salary was low and my financial burden was heavy.

Miraculously, my salary increased due to the recognition and trust from my boss. It felt surreal to know that I actually received higher salary compared to my secondary school mates who have been working in the accounting field for a few years.

"And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." (Philippians 4:7)

This verse really resonates with me as I had never been happier than I am now. The joy and peace that the Lord gives cannot be found in this world. Money might be able to buy material pleasures and temporal enjoyment, but it is unable to buy eternal hope, joy and peace in the Lord, which is the true everlasting happiness. The blessings of God also reminded me of the commandment of God in the observance of the Holy Sabbath.

"If you keep your feet from breaking the Sabbath and from doing as you please on my holy day, if you call the Sabbath a delight and the Lord's holy day honourable, and if you honour it by not going your own way and not doing as you please or speaking idle words, then you will find your joy in the Lord, and I will cause you to ride in triumph on the heights of the land and to feast on the inheritance of your father Jacob. For the mouth of the Lord has spoken". (Isaiah 58:13-14)

"My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will

boast all the more gladly about my weaknesses, so that Christ's power may rest on me."
(2 Corinthians 12:9)

Although I do not earn as much as compared to before, but the grace of the Lord is sufficient for me and one blessing comes after another. God did not only bless me in terms of my career, He has also arranged a good boss for me. During the period when my father contracted cancer, my boss was concerned about my father's condition and medical expenses. He told me that the company was willing to sponsor my father's medical expenses if I faced financial difficulties.

I felt thankful and thought to myself, 'How can it be that I am able to receive such great grace?' I thank the Lord continuously in my heart.

I did not accept my boss' kind offer because my father underwent treatment at the government hospital and the expenses were not too high. I decided to continue my studies in accounting because I would be at a disadvantage since I did not have a Bachelor's degree. Therefore, I continued working and studying.

It was inconvenient for me to travel daily in the busy traffic as my company was situated in Damansara while I was residing in Cheras and the college where I studied was in Kuala Lumpur (KL). My boss even made this arrangement for me to leave the company as early as 3pm if I had lessons on that particular day. However, I decided to resign due to the long hours spent on the road and the need to rush to church for Friday services after work.

I can still remember during that time, my boss was on a business trip to China. He called me, hoping that I could stay. After he came back from the business trip, he spoke to me for a long time. He was really kind and offered to allow me to leave early at 3pm if I had lessons and gave me an extra day off every week. This is to help me concentrate on my studies and to accompany my father. This means I only need to work three and a half days per week. This really surprised me as I was only carrying out my responsibilities and I do not think that I had carried out my tasks that exceedingly well. However to my boss, I was a good employee to retain.

Jesus looked at them and said, "With man this is impossible, but with God all things are possible." (Matthew 19:26) Not by might nor by power, but by my Spirit,' says the Lord Almighty. If it is not because of God, all of this will not fall upon me. (Zechariah 4:6b)

Eventually, I still declined his offer as I had to take the feelings of my colleagues into consideration. I decided to resign and look for another job in KL. When I related this to my friends, it was beyond their comprehension that such a good boss still existed. I know that this is due to the abundant grace and care from the Lord.

"Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us." (Ephesians 3:20)

I admire those that are able to grow up in the Lord and are able attend religious education (RE) classes since young. This is because they are able to know the words of God earlier, serve the Lord and enjoy the joy that is freely given to us by our Lord Jesus Christ. I believe God has his beautiful will for all of us. It depends on us; whether we have the heart to submit to His word and to let Him guide us till the end of our lives.

Although the entertainment industry seems to be attractive and glorious, all of this will pass away. It is not eternal and it is unable to give us peace in our hearts. When the last day comes, heaven and earth will pass away, only those that keep the commandments will have hope in heaven. Let us heed the bible teachings to not love the world as instructed in 1 John 2:15 "Do not love the world or anything in the world. If anyone loves the world, love for the Father is not in them". Let us pray that God will continue to guide us in our journey in Christ.

"And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus." (Philippians 4:7)

All glory to God, Amen

By Sis. Angie, Cheras Church

赏识和信任，在一年之内我的工资大幅度的增长。反而那时候和我一样年龄的中学同学，他们出来从事会计工作好几年了，我的薪水却比他们多，我自己也觉得非常不可思议。

(腓立比书4:7)
神所赐出人意外的平安必在基督耶稣里保守你们的心怀意念。

现在的我远比以前快乐，在主的喜乐和平安是在外面的世界找不到的。钱也许买得到物质的快乐，一时的享受，但是却买不到永生的盼望和在主里的喜乐和平安，而这才是真正永久不变的快乐。

(以赛亚书58:13) 你若在安息日掉转你的脚步，在我圣日不以操作为喜乐，称安息日为可喜乐的，称耶和华的圣日为可尊重的，而且尊敬这日，不办自己的私事，不随自己的私意，不说自己的私话，

(14) 你就以耶和华为乐，耶和华要使你乘驾地的高处，又以你祖雅各的产业养育你。”这是耶和华亲口说的。

(哥林多后书12:9)
他对我说：“我的恩典够你用的，因为我的能力是在人的软弱上显得完全。”

虽然我没有像以前赚得比较多钱，但是神的恩典不只是够我用，还恩上加恩。神不只是在我工作上祝福我，祂还安排让我遇见了一个好老板。在我父亲的癌症的那期间，我的老板也非常关心我父亲的病况以及医疗费用，他主动问我说要是我财务上有困难，公司愿意赞助我爸爸的医疗费用。当时我听见老板的这句话，我心里是无比的感恩，我何能如此能够拥有如此大的恩典，我心里不断地感谢主！但是我父亲是在政府医院接受治疗，费用也不会很高，所以我并没有接受我老板的好意。

过后，我也打算要开始继续就读会计课程，因为毕竟我并没有大学的文凭，在工作上比较吃亏，所以后来我就一边工作一边读书上课。因为我的公司是在Damansara，而我住在Cheras，读书的地方却在KL，交通方面非常的不方便，所以那个时候我老板就替我做了个安排，如果我有上课的话，我可以在下午3点提早离开公司。可是因为每天来回的路程实在消耗很多时间，而且每个星期五放学后需要赶着去教会，我最后还是决定辞职。

还记得那时候，老板还在中国出差，他还特意打电话给我希望我能够留下来，他出差回来之后，我和他谈了许久，他说他可以安排除了我上课时可以早走之外，我还可以另外再每星期休息一天，

让我可以专心读书和陪我爸爸。也就是说，要是我一个星期有一天上课的话，除了那天我可以早走之外，我另外还可以休息多一天，那么也就是说，一个星期5天我只需要做3天半。

我不敢想象会有这样的事情，其实我觉得在工作时我只是做好自己的本分，自己并没有觉得做的特别好，但是在我老板的眼中似乎觉得我是个好员工。(马太福音19:26) 耶稣看著他们说：「在人这是不能的，在神凡事都能。」(撒迦利亚书4:6) 下半段-万军之耶和和说：不是倚靠势力，不是倚靠才能，乃是倚靠我的灵方能成事。

若不是神，这些事情不可能降临在我身上。但是最后因为想到还需要顾及同事的感受，所以我并没有接受这个安排，最后也决定辞职然后在KL找份工作。当我把这一全告诉我的朋友，他们也觉得不可思议为什么还有那么好的老板。我知道是神，是他丰丰富富的恩典和看顾。

(以弗所书3:20)
神能照着运行在我们心里的大力，充充足足地成就一切，超过我们祈求所想的。

其实我很羡慕那些从小在主里成长，上宗教教育的，因为你们都可以更早地接触到神的道，能够为神工作，享受这白白赏赐给我们的喜乐。但是我也相信神在我们各自的身上都有祂美好的旨意，只是我们是否有颗愿意的心去顺服祂的道，让祂来带领我们走完人生的路。

虽然娱乐圈看起来非常光鲜亮丽，但是这一都会过去的，是不会永久的，它也没办法给予我们心里的平安。当末日来到，天地都会废去，但是唯有遵守诫命的才会有天国的盼望。

(约翰福音2:15)
不要爱世界和世界上的事。人若爱世界，爱父的心就不在他里面了。



Angie姐妹
蕉赖教会

训练儿女 从年幼开始事奉

儿女是神所赐的产业(诗127: 3)而神亦托付父母作为孩子们忠心的管家。父母在抚养孩子的过程中须殷勤的达致积极的目标以确保孩子们能成长为敬畏神的人。教导孩子服事别人及在教会事奉是其中一项主要的目标。神劝勉父母在孩子的成长初期就要乘早教导他们以敬畏神的角度来事奉祂以及关怀与帮助别人(彼前4: 10)。事奉必须与信心相辅相成-工作与信心是相互依存的。

▲ 事奉的定义

“因为人子来，并不是要受人的服事，乃是要服事人，并且要舍命作多人的赎价”(可10: 45)。

孩子在事奉的过程中会汲取完全顺服的精神并学习过着仆人的生活。此素质有如耶稣生平的缩影(可10: 45上半段)。他们将习得珍贵的特征，诸如谦卑、纪律、责任、顺服、自重及宽容的心。父母必须教导孩子独立思考并有远见；不要“专顾自己”而是要更“顾念他人”。事奉将让他们从协助别人的过程中获得喜乐，既是当他们在雪中送炭，透过仁慈的行动或服务来彰显出他们的爱心以济困扶危。

对事奉的承诺也是尊敬神及顺服的一项举动。事奉是基督徒的中心并且能显示出基督徒的信心。我们应循循善诱的教导孩子事奉是他们的责任而他们也须要关心教会的信徒以及超越教会的界限。

▲ 从年幼开始事奉

我们应从何时开始训练我们的孩子事奉？哈哪，撒母耳的母亲在他年幼时把他带到神的家、示罗(撒上1: 24)。她离开孩子并让孩子在神的眷顾及保护下顺服地学习事奉神。因此，从圣经的角度来看，训练孩子在年幼时事奉是合宜的。训练他们在童时事奉能够让他们在成长的过程中逐渐在信仰上成熟并发掘更大的潜能。如此，就能确保他们前程似锦。

不可叫人小看你年轻，总要在言语、行为、爱心、信心、清洁上，都作信徒的榜样(提前4: 12)。

▲ 为事奉打好基础

父母与宗教教员在鼓励及栽培孩子们事奉的过程中扮演着关键的角色。这须要激励、恒心及耐心。教导孩子认同神的恩典而事奉是回报神的恩典之其一方法(诗116: 12)。当他们决定投入此项事工，他们须要合作、同心合意的为孩子们将来的事奉打好基础。他们未开始规划及拟定计划之前，必须恒心祷告以祈求圣灵的指引及带领他们的方向及目标。

▲ 言行举止

“你自己凡事要显出善行的榜样，在教训上要正直端庄”(多2: 7)。

我个人的看法是，最主要的是父母要以身作则，因为父母是孩子的“思维及顾问”。孩子仿效父母的行为是最自然不过的事。我们身为父母的是否曾思考过我们留下什么事奉的榜样以供孩子仿效呢？我们是否在教会中事奉？身体力行是最有效的教具。故此，父母须显示出敬虔的榜样(彼前5: 3)。给予孩子正确的典范是关键性的事。相反的，我们也许积极的说服及鼓励孩子们事奉，但是如果孩子未亲眼目睹我们参与事奉，我们所教导的都是枉然。倘若父母显示出对圣工漠不关心或带着不诚恳的态度事奉，他们的孩子很可能会仿效父母的消极事奉态度。我们须要在事奉上成为孩子的楷模。付诸行动比说教来得更有效。

▲ 全家事奉

“至于我和我家，我们必定事奉耶和华”(书24: 15下半段)。

这是约书亚对信仰大胆的宣言-他和他全家会事奉耶和华并且凭信心行事。同样的，父母也应当坚立在约书亚的话。这是他们惟一的责任来引领孩子的灵程。家庭中的每一位成员都应当在教会中站在一个岗位上事奉。全家事奉能够集合他们对神的承诺，既是共同追求一个共同的目标以尊敬及荣耀神。

▲ 确认恩赐及才能

“各人要照所得的恩赐彼此服侍，作神百般恩赐的好管家”(彼前4: 10)。

神赐予每一位小孩各式技巧及才干，而每一位的恩赐都各不尽同。有些孩子也许有更多的恩赐。因此，他们时常都被安排在前台事奉。但这不意味着那些恩赐比较的孩子就会被抛在后头。我们须要提醒孩子们，每个人在教会以及在神的眼中都是举足轻重。没有一个人的事奉比别人来得更为重要。我们必须强调的是每一项诚恳及出自内心的事奉(无论是多么不起眼的事奉)，做在信徒或教会里都会蒙神的纪念。父母和宗教教员有责任教导孩子以喜乐、谦卑及认真的态度来事奉。协助孩子们来确认及发掘他们的天赋及才能以便他们能在事奉上做出最好的奉献。诸如宣道、证道、文宣、美术、音乐、创作能力、领导能力以及个人或属灵的恩赐。他们必须善用这些神所赐予的恩赐来在生活中发挥主要的目的而不是纯粹把这些恩赐及才干束之高阁。他们必须学习来善用这些恩赐来服事及尊荣神以及协助有需要帮助的人。

▲ 事奉的态度

“无论做什么，都要从心里做，像是给主做的，不是给人做的，因你们知道从主那里必得着基业为赏赐。你是所侍奉的乃是主基督。”(西3: 23-24)。

我们必须时刻提醒孩子要以正确的态度来事奉。唯有这样，他们所做的一切才能达到果效。要他们扪心自问，他们所事奉的目的何在？是否是属灵的热衷、自视其高、对神的感恩抑或个人自私的意愿来推动他们的事奉？神所要的持之以恒的事奉、并且是以神为中心的事奉。这样的事奉不为情绪所影响并且也不是一时冲动的事奉。他们有着诚恳渴望事奉神的心，并且也不是要得着众人的赞赏或喝彩(弗6: 7)。这样的事奉将能荣耀神并且使教会得着造就。反之，如果他们的目的是为了要得着人们的称赞、或得着教会中的信徒之羡慕，他们所做的事奉将是毫无意义及不真诚的。一位热心及热衷于事奉之神的工人必须拥有基督化的品质；他们必须存有美好、谦卑及顺服的态度。

我信主的旅程

▲ 在事奉中所面对之瓶颈

孩子有时候不愿意在教会事奉。他们会寻找许多理由来避免参与圣工。最普遍以及熟悉的理由是他们没有时间。无可置疑的，今日的孩子都生活在苛刻的社会。学校的课业是那么的繁重而那些令人不胜负荷的课外活动占据了大部分的时间。而所剩下的些许时间就用来在社交网站与朋友叙谈或者消耗在不可取代的手机上。父母也知道孩子们没有太多剩余的时间，故此他们也觉得要孩子参与教会的圣工或帮助有须要的人让他们过意不去。倘若事实如此，他们事奉神的承诺及能力也将严重受损。不要让孩子利用“无时间”作为无力的藉口。父母须要证明及灌输予孩子事奉的重要观念。告诉他们神把他们安设在这里是有一定的目的—既是事奉神及服侍别人。

孩子在某些时候会流露消极的态度及不愿意参与任何形式的事奉；理由是他们缺乏自信心及质疑自己的能力。他们认为别人的表现比他们来得更棒。这样的事情会发生在我们把两位参与同样事工的孩子作比较而出现的局面。父母与宗教教员在此时刻须成为教学及勉励的宝贵资源。他们必须消除孩子的疑虑并鼓励他们祷告及把他们的恐惧及烦恼完全的交托予神。在此过程中，他们也必须要有远见及充满耐心。最好的起点是父母、教员与孩子一起事奉，而父母和教员将成为他们的导师与顾问。他们可以一起祷告及分享彼此对事奉的理想；同时也透过神所赐予的能力来提升事奉能力。我们必须烙印在他们的脑海中神所悦纳的事奉是拥有一颗率真的心及认真的事奉。当孩子获得足够的自信心之后，他们对事奉将感到得心应手。

▲ 未来之挑战

要教养孩子成为好的仆人是家中开始。家长与教师以及教会的长执都必须竭力的训练及栽培孩子并灌输予他们从事奉中所得的爱及喜乐并确保他们已经装备自己以便一生事奉主。从年幼开始事奉的孩子通常都会在长大后继续在教会事奉。今天经过教会门口的年轻工人将是未来的工人并实现他们所追求的一生事奉主及服侍人的理念—此事奉必定为神所肯定及重视。

Tan Guat Kim
蕉赖教会

奉主耶稣圣名做分享。

我是萧佩莹，来自蕉赖教会。感谢主，让我有机会分享我的信主旅程与神美好的安排。最近在听道和唱诗歌的时候，常常受到圣灵的感动觉得自己为何有如此大的福气可以领受神的恩典，成为祂的儿女，至今我也无法想象我能够有机会领受神的福音，我常常想要是我现在没有主耶稣，没有永生的盼望，没有在基督里的这样的喜乐和平安，我的生活会是如何。我想肯定会像是汪洋中的小船，飘浮不定，活在没有意义和没有方向的人生里。

未信主之前，我是一名演员和模特儿。在本地的娱乐圈里拍了好些电视剧和到处去走时装秀，这是我未信主之前的工作。我17岁多，高中毕业之后就投身于娱乐圈直到我23岁时听见了福音。我在娱乐圈呆了整整5年，这五年虽然外表看似风光但是其实我不快乐。

我有机会出现在电视机，有机会遇见很多名人，出席很多不一样的场合，有机会穿上许多华丽和名牌的衣服，但是我对于这一些并没有觉得是很享受，反而有时候我觉得毫无意义，甚至觉得有负担。我不是一个爱表演和善于表达的一个人，但是因为误打误撞地就进入了娱乐圈，我无法与大家融合在一起。有时拍摄或走秀时，我在想我到底是为了什么在做这些，为什么有人可以如此享受，但神美好的安排是我就是不能够享受其中呢？常常当我一个人开车去拍摄现场的路上或者是拍摄到三更半夜回家的路上时，我常常会在车里感到纳闷，感到虚空。我拍了那么多的电视剧、杂志那又怎么样，这一瞬间的华丽能为我带来什么？过了，剩下的又是什么，我觉得很不在，很虚空。

(诗篇142:7)

求你领我出离被囚之地，我好称赞你的名，义人必环绕我，因为你是用厚恩待我。

虽然那时候我还不认识神，但是我知道神祂听见我了，就因为祂的厚恩，祂把我拯救出来，脱离那不属于我的世界，归入祂丰盛的慈爱里。通过一位弟兄，我听见了福音，认识了这创造天地万物的真神。我跟着这位弟兄来到教会听道理，然后就上慕道班，接着就很单纯地相信了。我相信神一直在带领我，让我有

着单纯的心去领受祂的福气。我的家人也没有反对。上了慕道班，了解了十大诫命，知道了守安息日的重要性，我就知道我应该要做决定了。因为如果我还继续当演员和模特儿，繁忙和不定时的工作时间必定让我不能常常守安息日，但是我想如果我不在娱乐圈工作，我又能做什么？我高中SPM毕业之后就进入娱乐圈而放弃了升学的机会，没有上到学院，没有文凭，我还能做什么？

其实神一早就替我安排好了一切。我在娱乐圈的那五年期间，有一年我突然去报读了会计课程。还记得那时候当我和一些艺人朋友说起我想要报读会计课程时，他们都觉得好奇怪为什么我不去报读关于演艺进修课程反而读一些完全和演艺无关的会计课程。那时候其实很多艺人都会去参加一些演艺进修的课，但是我就是没有兴趣，最后就报读了会计课程。(箴言16:9)人心筹算自己的道路，唯有耶和华指引他的脚步。(以赛亚书55:8-9)耶和华说：我的意念非同你们的意念；我的道路非同你们的道路。

(9)天怎样高过地，照样，我的道路高过你们的道路；我的意念高过你们的意念。神一早就替我安排好了，祂让我去上会计课程，因为就算我离开演艺圈，我依然可以从事关于会计的工作。

那时候当我选择要离开娱乐圈时，我有过一些忧虑，就是我的经济环境，因为在娱乐圈确实能够赚取蛮不错的收入。但是这圣经章节提醒了我(马太福音6:25)所以我告诉你们，不要为生命忧虑吃什么，喝什么；为身体忧虑穿什么。生命不胜于饮食吗？身体不胜于衣裳吗？

(26)你们看那天上的飞鸟，也不种，也不收，也不积蓄在仓里，你们的天父尚且养活牠。你们不比飞鸟贵重的多吗？之后，我就决定离开娱乐圈。

现在想起来，我也不知道当初为什么有这样的信心决定要离开娱乐圈。我想这完全是神的带领，祂指引了我的脚步。(罗马书14:17)因为神的国不在乎吃喝，只在乎公义、和平，并圣灵中的喜乐。受洗3个月后，我就得到圣灵了。

在2012年10月我正式受洗归入基督，我也没有再参与娱乐圈的工作。在神的带领之下，我就在一间之前有合作过的制作公司里当起了会计。其实刚开始的时候还蛮辛苦的，工资很低，我的经济负担也不小。但是很奇妙的，因为老板的



面子书与信仰

林前10:23“凡事都可行,但不都有益处。凡事都可行,但不都造就人”。水能载舟、亦能覆舟。一把刀落在厨师手中,它能够协助厨师烹饪出许多佳肴美食。但是倘若这把刀是落在无恶不做的坏人手中,它就会随时随地成为损人利己的工具。同样的一把刀,却能带来不同的后果及影响力,端在乎操刀者。

在这个资讯发达的时代,“面子书”确实有无限的发展空间及潜能。从信仰的层面,它可以促进弟兄姐妹之间的沟通及联系。从传福音的事工上,它则能成为跟进分享的平台及管道。

因此,我们尽可能透过面子书的平台来发挥其正面功能和作用。(西1:28)“我们传扬祂,是用诸般的智慧劝诫各人,教导各人。要把各人在基督里完完全全的引到神面前”。与此同时,我们也提醒自己“面子书”亦能在信仰方面捎来负面的影响。尤其是在不知不中的应用过程中隐藏着深远的危机。谨在此提出以下三方面作为彼此的参考及共勉。

1 | 失去真实

(箴3:3)“不可使慈爱诚实离开你。。。”人生如戏,面子书提供了一个犹如一齣戏的平台。之上自己演出以及兼任编剧/导演及演员的身份。。一切主导权都在我们自己手中。把想要给人留下的印象以及别人对我们的价值判断上载留言。

因此,众人的‘赞’ like和回应必是我们期待及影响我们心情的重要一环。如此不断的重复,我们便不知不觉中活在期待别人的眼光及判断中。失去自我的真实。

(箴12:19)“口吐真言,永远坚立。舌说谎言,只存片时”。宗教强调虔诚,诚实则是虔诚的基本条件。因此,我们应当避免在面子书里失去真实。更要谨慎、踏实地与众人实实在在真心分享。带着积极正确的目标与动机,在面子书里发挥信仰的光芒及动力。

2 | 短暂世界

(太13:21)“只因心里没有根,不过是暂时的。。。”沉溺在资讯时代的年轻人,靠着WIFI(无线网路)下载APPS(应用程序)以扩充自己的对资讯的认知。透过电脑及智能手机,提供我们一生都看不完、学不完、读不完的资讯。面子书群里所共享的资讯枚不胜数。且用几个字眼来描述“多”、“广”、“乱”、“杂”。

因此,我们无法阅读极多的资料,从来没有真正用心来体会及思考。诸多的信息只是不断在我们眼前屏幕闪过,丝毫不留下一点记忆,只是片刻在眼球窗口WINDOW前犹如叶子飘过。日子久了,内心所累积的只不过是零碎碎的短暂世界所组成的资讯。

(西2:7)“在祂里面生根建造、信心坚固。。。”短暂世界的心灵,无

法容下永恒的价值。短暂世界的心灵,只活在当下;並追求眼前此时此刻的满足于感觉。因此,失去了安静平稳和追求思考信仰的永恒意义的心。应当避免面子书不知不觉引我们进入短暂世界的心灵。带着有耐心的爱和基督的心肠,在面子书里一起与众人思想寻找主爱、主思、信仰中的永生应许与盼望。

3 | 你是王子

(约壹3:1)“你看父赐给我们是何等慈爱,使我们得称神的儿女。。。”过于投入而把生活重心置放在面子书里,恐怕会失去自己的一天。面子书的“多天性”,无形中替代了个人生命的独立性。仿佛个人生命附在一个看不见也不存在的“生命母体”。潜伏中的巨大影响,慢慢地把个人生活观念、价值观、是非判断改变。

神的儿女,因着神的恩典和真理该有其尊贵性和特质。(罗12:2)“不要效法这个世界,只要心意更新而变化。。。”你是王子,你是神的儿女,你是世上的粪,你是天上的国民,勇敢地在面子书里表明和宣告这尊贵的身份,把神所赐儿女的恩典和信仰力量释放出来。把圣灵所充满的生命,把主爱所感动的喜乐,在面子书里表达以及荣耀神。

结论:以上观点並不是要声明面子书不对或错误。而是提醒可能在不知不觉中会带来信仰负面的影响。因此,求神给予智慧,让使用者不但不受影响,却能在面子书里荣神益人。

Ezekiel Chang 传道

离家在外的心情



离开家人和朋友的确不是一件易事。我必须学习自立，并且凡事亲力亲为。初来这里时，我难免会想家。我也觉得很孤单，而且一直很努力地尝试适应新环境。然而，回顾过去，我发现这是神的旨意，因为我就是在经历了这些以后才开始和神建立一段更亲密的关系。

大学生活的确与学院或学校的生活截然不同。在大学里，我们不论科系地被看待成一个大团体。我们为着同样的事情共同努力，我们过着类似的日常生活。虽然我和我的同学表面上看似相同，但我们在灵性上却有所不同。在大学生活中，我们难免会面对种种压力与挑战，尤其是在考试期间。我发现同学们常常会缺乏安全感，因为他们认为自己在独自面对这一切，在这充和满压力的时刻孤身作战。相反的，我并没有经历同学们所经历的。我相信您应该知道为什么。该原因就是我们有主耶稣做依靠。我觉得我和他们有所不同，因为我有这个无所不知的神在带领着我。我知道神常常和我同在，我也知道我不是独自面对这一切。虽然我很害怕，我知道如何交托主。这时我到了这里才学会的。我们应该把一切都交托主。

除此之外，我要感谢蕉赖教会，并所有给予我温暖关怀的弟兄姐妹。坦白说，我起初并不怎么热心到蕉赖教会参加聚会，因为我想念我的地方教会，并所有在那里的弟兄姐妹。但是，借着神的恩典，我能感觉到蕉赖教会的弟兄姐妹们所给予的爱心，并且能够慢慢地适应过来。如果你要我形容我在蕉赖教会的生活，我认为它像一个属灵的训练场，让我预备自己，将来能够成为对主有用的器皿。自从我到这里来，我学到了很多。我相信我会在未来几年内收获更多。我感谢蕉赖教会给我一个学习的机会，并让我更多地事奉主。愿神纪念你们的良善与爱心。另外，教会对我而言就如同一间充满爱的家。我非常喜欢于周末在教会过夜，因为感觉上在教会过夜和在自己的宿舍住有很大的不同。住在教会就好像回到家里一样。在教会隔夜让青年们更加亲近，并且让我们有机会互相分享各人的生活经验。通过分享，我们学习如何互相关心，互相勉励，并彼此警惕。我们也讨论圣经与教义。这大大地提高我的圣经知识。

对于那些离开家求学或工作的弟兄姐妹们来说，我相信你和我有同样的经历。对于那些将准离开家里求学的，也无须过度担心，因为神永远与你同在。虽然初期你可能很难适应，但在过程当中，你将会渐渐发现更多有趣的事情为你而预备。我相信你也会像我一样收获许多有趣的经验，当然也获得更多的属灵知识，并能更好地事奉主。

虽然我还会在这里很长一段时间，但我已经学会不再惧怕，因为我知道主常常以我同在。借着他的恩典，我能享受在蕉赖教会所创造的各个美好回忆。

许美恩姐妹
巴央巴鲁教会
槟城



分享我的经历

奉主耶稣圣名做分享：

我是来自于沙巴真耶稣教会的信徒，2012年10月份，当我第一次到蕉赖教会聚会时，就被邀请去李威乐弟兄的家吃火锅，那天应该是青年联谊吧？那时是我和蕉赖教会的信徒第一次见面，但我却感觉自己融入了一个大家庭里。

2012年12月，李威乐弟兄邀请我跟着双溪龙教会的信徒到了一个名为“世外桃源”的地方度过2012年的感恩之夜。信徒大大小小聚集在一起，当天晚上我们除唱诗赞美神以外，我们还分享了彼此的见证。

之后我因为参加和撒那诗班的缘故，去了八达灵教会聚会。2013年10月份，蕉赖教会的大专生举办了一年一度的大专旅游活动，地点在怡保。这个活动把我带回了蕉赖教会。我在蕉赖教会参加青年活动也有数月的时间。参加青年活动的人数不多，大部分都是大专生。

2014年9月20日，蕉赖教会举办了《工作青年联谊会》。我虽然还未工作却收到邀请出席这工作青年联谊会。在工作青年联谊会，我看见的是成熟的脸孔。出席的青年，当中大部分都是有家人的。

曾经李威乐弟兄在“世外桃源”分享过他的生活。他说有了家庭之后，生活会变得很忙碌。工作青年联谊会当天，我再度听见工作青年们述说同一番话。

当晚让我感动的事是听见他们彼此说“好久不见”，“想念大家”。是的，我们都是因为神的爱聚集在一起。工作之后，见面机会少了，可是因为神的缘故，大家依然有机会再度团聚，互相问候，关心。

工作会让人疲累，可是当晚大家抛开了一切烦恼，在分享的时刻，安静心来感受当下的团聚。尽管只是短短的几分钟，相信那几分钟已经足够让彼此得到造就。在主里团聚真是一个美好的时刻，因为大家都是同一个肢体，领受同一个灵。

当天，我在分享的时候说自己是一个“游子”。我这“游子”因为教会的团集而感受到了“家”的感觉。我在教会有许多关心我的兄弟姐妹，这是主里一家的温馨团集。

2015年3月22日，八达灵教会举办了一年一度的工作青年灵修会。工作青年灵修会主题是“工作是祝福还是咒诅？”

工作到底有什么意义？人们辛苦的工作到底又是为了什么？在还未谈论到工作之前，讲演者把个人的“我”做一个基本的认识。我是“基督徒”；是神的儿女；是天国的子民，不属于世界；有神的应许（太6:33,34）。

当我们对自己有一定的认识后，“价值观”会是影响我们选择工作的因素。不同的价值观影响着一个人的性格，生活方式，行事为人的态度和生涯目标。那么在发展自己的价值观时，我们要注意的就是“我相信的是谁”和“我相信什么”。

在创世记里头，亚当被造是要管理神的造物。人犯罪后，地为人的缘故受咒诅（并不是亚当受咒诅）。亚当要终身劳苦，汗流满面才得糊口那时惩罚。地必长出荆棘和蒺藜，使人在工作上遇到各样艰难。

然而，人在劳碌中依然能有喜乐，这是神的恩赐（传5:18-19）。你们要先求神的国和神的义，这些东西都要加给你们（太6:33）。因此，工作的主要目的是事奉及荣耀神的名。感谢主让我有机会在工作前有机会参加“工作青年灵修会”。让我对工作的态度与认识有更深一层的了解，也让我明白无论是读书还是工作都应该要以荣耀神的名为主。

工作是必要的，是人应有的责任，当我们清楚自己的身份及呼召，就能在工作上忠心完成神的旨意，甘心乐意的在工作上荣耀神（这是灵修会当天的结论）。

过了今年，我就是工作青年了。感谢主保守我在西马的这些年。能在西马与弟兄姐妹们一同聚集是神极大的恩典。愿主继续带领及保守大家，愿一切荣耀尊贵都归主圣名，至到永远，啊们。

Dorcas
蕉赖教会

到我们已经拿了我们的份为止。不止如此，他们还经常来到我们的桌边把更多的饭菜夹给我们。一旦察觉我们生病的兄弟，他们便提供药品和100PLUS（让他补充水分）并房间让他在离开之前休息。愿教会的爱心和关怀持续下去，并不冷淡下来（太二十四12, 13）。

在一顿丰盛的晚餐之后，我们与她们一起参加安息日聚会。后来我们离开了，并感谢他们的盛情款待。

▲ Doggongon

Doggongon教会被建立在一片宽大的1.8英亩土地 - 与西马教会形成很大的对比。我们和这里的信徒有了一堂见证会。这一项活动让我们都互相得到造就。Esther Kong 姐妹作见证。

见证五：这件事发生时，Esther姐妹还在孩童时期。她患了流感。她的家里只有一点点的积蓄，根本没有能力去看病。随着时间的过去，她的病情不断恶化。情急之下，Esther姐妹的母亲装了一杯水，靠信心求神怜悯医治她的女儿。在喝下水后，她就被治好了（弗二8）。

见证六：当她在散步时，Esther姐妹突然昏倒在一条寂寞的小巷里。她还记得自己是有意识的，但已经动弹不得了。她祈求神不要让她以这样一个不荣耀神的方式死去。在祷告中，她看到一双手出现来帮她去除了她显得肿胀的一些器官，并用新的替代。醒过来后，她继续步行回她家，并向她的妹妹作见证。

结束前，领会者要求我们为Doggongon地区的传道事工代祷。该地区有一间已经被建立了许久的天主教堂。我们与这里的信徒在长竹屋顶的食堂共进午餐。我们离开这里，并前往Penampang教会参加安息日下午聚会。

▲ Penampang

我们正好赶得上Penampang教会的下午安息日聚会。在这个安息日下午的见证会上，Vincent弟兄分享了一段令人感动的见证。

见证七：这件事情发生在许多年前，当他灵性上还非常软弱的时候。聚会过后，他会马上离开，并很少参加教会的活动。他的大部分时间和精力都花在打造自己的事业上。有一天，他病倒了。一项涉及生命危险的手术计划被拟定了。身为一家之主，他本想向他的家人隐瞒这一个噩耗。在他的困境中，他回转向神，并重拾告知他的家人的力量，更开始了手术治疗。感谢神，手术非常的成功。手术后，他不能去上班，因为他必须要在手术后休养，才能恢复。那时，他遇到金钱上的困难，甚至家庭的日常开支都成了问题。他拿车子作抵押，向银行贷了款。因为暂时无法工作，他处在一个进退两难的境地。当然，他非常担心自己与家庭的未来，但他仍然祷告神，愿神的旨意成全。在这项试验中，他开始更接近神。读经和祷告成了他的日常习惯。感谢主，他并没有失去他的车子。事实上，他现在拥有好几辆车，并一个舒适的家，孩子们也正在读大专。愿我们继续建立我们盼望再神的身上，并“不忘记神的作为，惟要谨守他的诫命。”（诗篇七十一5, 七十八7）。安息日聚会后，我们回到了Likas 教会。

▲ Likas

抵达后，我们离晚间大专青年团契活动还有几个小时的时间。我们（青年们）选择午睡片刻。于下午6点，我们起身来帮助准备食物，才发现Likas的青年们早就已经准备妥当了！

用晚餐后，我们被带到青年室进行互相认识活动，并与Likas的大专学

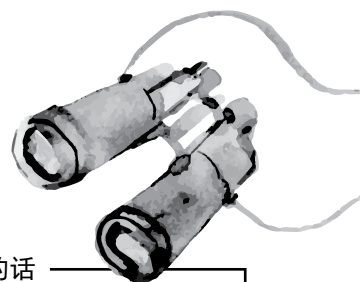
生的进行一些其它的活动。青年室是一个长而窄的全空调储藏室。也许有一天，蕉赖教会能够有像这样的一间青年室！

我们告别了青年们，并较早进入梦乡。这是我们在沙巴的最后一个晚上。美好的时光总是过得特别快！

▲ 26-星期日

我们返回吉隆坡的航班是在上午10时30分起飞。早餐后，我们被送往机场，并在那里等候登机。感谢神，此趟飞行十分地顺利。

我们于下午1时安全地到达吉隆坡。我们都累了，但此程的确是让我们满载而归。



最后的话

我们由衷地感谢沙巴总会为我们此行的规划与帮助，还要感谢我们的熟练的司机们。在某些情况下，我们的司机必须巧妙地操纵面包车以避免堆积如山的粪便和过路的牛羊。与此同时，我们也感谢当地的兄弟们愿意开车送我们往返吉隆坡国际机场。



James Tay 兄弟
蕉赖教会

▲ Luanti

我们在傍晚到达Luanti。我们将在这里过夜。由于Luanti教会位于内部地区，设施都非常地简单；这并不是件坏事！我们学会了更加珍惜我们所拥有的。

Luanti教会被信徒们的房子包围。他们告诉我们，每当遭遇任何问题时，会众都会聚集在教会里祷告，他们的问题便能迎刃而解。

晚餐后，我们有一个团契活动。有些从Luanti教会附近的教会信徒们也共同参与。这是一个有造就性的团契，充满了赞美诗歌声，见证和劝勉的话。他们的幽默感让我们笑个不停！诚然，这里的信徒们在物质上也许并没有那么丰厚，但他们心中却充满喜乐和满足（腓四12，腓四4）。这是我们希望能带回蕉赖的一个教训：不要世俗的试探所缠绕，但要知足并努力施舍（希伯来书十三5）。

晚上十时左右，我们环绕着没有围墙的教会周围观星。我们所经过的地方不但没有路灯，而且满地都是狗屎。我们不得不使用手电筒，并加倍注意我们的脚步！当我们关掉手电筒向上看时，那景象简直是让我们目瞪口呆！首先，天空只是一片黑色的。我们看的时间越长，星星出现得越多，一闪一闪的，好像在看我们。不久，整个天空布满了闪亮的星星，这绝对不是我们在吉隆坡可以看到的。赞美诗212和219浮现在脑海里。就好像星星布满天空，并在黑暗中闪烁，我们也必须到外面的世界去，显扬我们的善行来照亮世界。与此同时，我们必须在神的道当中坚立，让我们的光被黑暗克服。我们不应该集中在一个小地方而已，只在教会里发光，但我们必须行善，在我们各自社会中岗位发光。正如某歌词中说道：“一定要发光，你在你的小角落里，我在我的”。

▲ 21-星期二

早祷过后，我们启程前往农业公园。观赏许多植物花朵之后，我们和一些信徒会面吃午餐。

▲ Tenom & Keningau

我们来到Tenom教会，也就是我们青年班主席所来自的地方教会。我们在参观教会周围之前，与信徒们聊了一聊。然后，我们出发前往Keningau教会。

我们在傍晚抵达，并与信徒们用晚餐。有一位友善的沙巴青年加入我们的餐桌吃饭，并用流利的华语和我们交谈。我们启程前往Likas教堂，并在那里过夜。

▲ 22-星期三

早餐后，我们启程前往Manukan岛进行休闲活动。比较年轻的信徒们选择在清澈见底的海水中进行浮潜活动（后来他们告诉我说水在多人下去后变得有点污浊）和乘香蕉船。比较年长的信徒选择了比较没那么激烈的活动，在棕榈树荫下享受海风。在这里，我们完全放松了，远离了城市平常的喧嚣。

感谢神让我们有机会进行这一类的休闲活动。接着，我们开始了有五个小时的车程到Kudat教会。我们的司机带我们绕道到婆罗洲尖，Tanjung Simpang Mengayau。顾名思义，婆罗洲尖便位于婆罗洲的最顶端。由于海浪的不断侵蚀，岩石形成的峭壁具有独特的圆滑外观。

▲ Kudat

因为我们绕道而行，我们迟了三小时才来到Kudat教会，于大约晚上8点。虽然我们很迟到达，许多信徒还耐心地等候欢迎我们（林后五13，14），并有一段简短的互相认识时间。我们在这里留宿一夜。

▲ 23-星期四

▲ Kota Marudu

早餐和祷告后，我们前往Kota Marudu。到达教会范围时，我们听见孩子们的诗歌声欢迎我们的到来。他们在我们的访问团的每一位信徒到会堂坐下来后才停止唱诗。临行前，他们给了我们一些椰子，并警告我们说我们下一个目的地，Kota Belud，的村民是“凶猛而可怕的”。他们提醒我们这些年轻人要注意自己的言行举止！

▲ Kota Belud

前往Kota Belud是艰难的。对于那些“觊觎”靠窗的座位的人都纷纷受到太阳的蹂躏。在一天结束后，我们的肤色明显地变得更暗了。面包车的空调似乎在这种的极度炎热之下显得无甚作用。

当我们抵达Kota Belud教会之后，这一切都改变了。一旦我们步入会堂，我们置身于一个凉爽而舒服的环境。空调在我们抵达以前已经被开启。会堂虽小，但十分地舒适。它充满凉意并清新的香气。我们在几分钟后冷却了下来，并被张执事邀请探索教会周围的环境。

Kota Belud教会与执事的房子就像连体双胞胎一样紧紧地连接着。我们用午餐的大厅有一种很纯朴的感觉。张执事是一名雕刻师。他收集石头、贝壳，甚至牙齿来创造艺术作品。在大厅内，我们被动物和非生物的木雕与石雕围绕着。执事后来播放二十世纪八十年代的音乐；非常得我们团内较年长者的喜悦！张执事是一个真正会娱乐别人的人，懂得如何来取悦他的客人。一切都过得太快了，我们不得不离开前往Guong教会。

Ranau教会受到最近所发生的地震影响，并承受了百余次余震。墙壁上可以见到微细的裂痕。感谢神建筑毁坏得并不太严重。但更应该感谢神的是，因为通过这场灾难，许多信徒们开始思想生命是何等地脆弱，并开始更常来参加教会聚会……

▲ Guong

我们绕道前往离开Guong教会约10分钟车程的Gentuong教会。我们简短地吃了一顿饭，并进行团契活动。即将离开的时候，我们意识到我们的面包车之一的轮胎已经陷在泥巴里了。感谢神，几个弟兄瞬间便将面包车从泥巴里推出来。

我们到达Guong。我们将会在这里过夜。在那里，我们和一位经常光临蕉赖教会的弟兄会面。晚点的时候，我们遇弟兄姐妹们有了一个团契活动。在Bethel, Esther和Eliata诗班献诗之后，Lazarus传道给我们讲解Guong教会的简史。

见证四：Guong教会是一间设备非常齐全的教会。它让我想起了我们的波德申教会。Lazarus传道告诉我们说，90%的Guong信徒都是农民，因此，若不是因他们愿意奉献的精神和神的帮助，肯定没能成功建设如此规模的宏伟的教会。（路一37，林后八3）Lazarus传道还补充说，许多早期的慕道者对传给他们的道理，持有正确的思维和态度。感谢神，许多从真耶稣教会领受真理的慕道者，并不只是表面上接受而已，更以圣经来佐证（使徒行传十七11，12，帖撒罗尼迦前书二13）。借着圣灵的能力，真道在Guong地区才得以建立，因为有一些慕道者执意要先领受圣灵后才受洗，而他们的愿望都纷纷得了应允。

我们在吃夜宵时发生停电事故。但是，这并没有阻止我们在微弱的烛光下进行团契活动。我们在Guong教会留宿一宿。

▲ 24-星期五

我们于早上8时30分出发。当地信徒带我们去参观一个风景秀丽的高原草地。这里的景观实在太美了，我们置身于一大片的草原上。青草随风起落，犹如波浪般在我们面前摇曳，并形成几个小山丘与山谷。放眼望去，我们遥望克罗克山脉锯齿状的山峰四面环绕我们。当我们沿着克罗克山脉锯齿状的山峰而望去，见到巍峨气势的岩石峰，这就是神山。我们边望着边不停地赞赏。拍了一些照片后，我们便启程前往Ranau。

▲ Ranau

前往Ranau途中，我们的司机开车带我们穿越克罗克山脉高原。这一次，我们并不太在意太阳通过打开的面包车窗口的肆虐，因为高原的空气十分地凉爽。途中，我们的车有几次穿梭过云雾缭绕的地方。

我们于上午11时30分抵达Ranau教会，Amos Yong执事出来迎接我们的到来。Ranau教会受到最近所发生的地震影响，并承受了百余次余震。墙壁上可以见到微细的裂痕。感谢神建筑毁坏得并不太严重。但更应该感谢神的是，因为通过这场灾难，许多信徒们开始思想生命是何等地脆弱，并开始更常来参加教会聚会。之后我们便休息片刻，喝椰子水并吃从教会院子里采摘，人工挑选的芒果。我们在祷告后便离开了。

▲ Tamparuli

前往Tamparuli教会真是一个漫长的车程。我们于下午4时20分抵达。

信徒们带我们参观附近的三间教会和一个吊桥。我们青年班主席回忆起自己少年时在Tuaran教会时的时光。那时的他还有一些‘流氓’样。他指着会堂的前排座椅，并感性地回忆起自己如何在神学训练营时打瞌睡。我们感谢神，因为他已经改过了，更成为我们现在青年班主席。

我们回到Tamparuli教会参加星期五晚间聚会。聚会包括一项欢迎活动和献唱诗歌。四个诗班献唱（Merpati, Gandum, Bethlehem和Sharon）。每个诗班都唱得非常真诚，尤其是小孩子们。他们甜美的歌声充满了整个宽大的会堂（诗三十12）。

吃夜宵后，我们离开前往Likas教会，并在那里过夜。

▲ 25-星期六

我们的确很感谢神，让我们大家到今天仍然健健康康。然而，在这个安息日早上，我们其中一位兄弟病倒了，有食物中毒的症状。在这种令人担忧的时候，我们从弟兄姐妹的行为上看到了爱与关怀。

我们离开Likas前，在早祷中为这个兄弟的健康代祷。一位在场的长执为他接手祷告。从那时起，我们把这一切都浇在神的手中，并继续我们的行程。我们在Kelombong教会吃早餐。

▲ Kelombong

Kelombong教会就像蕉赖教会一样是店屋式建筑，但与蕉赖教会不同的就是Kelombong教会占据了一整排店面！从启程到现在，我们的三餐不是马来餐，就是中餐。今早的早餐比较特别，有类似美式早餐的烤面包，火腿，奶酪，香肠，烤豆和碗糕等。当地信徒们实在是客气。他们并不愿意取任何的饭菜来吃，一直等



感谢主耶稣基督，让我们这长达一星期的沙巴之旅能顺利地展开。

组员：

弟兄：冯大勇（队长），Tan Teong Chuan, Vincent Ho, Lee Thin Choy, James Tay, 连益雄, Stephen Tay, 陈凯德, 陈轩恒（巴生）及 Lucas Lee。

姐妹：Esther Tan, Esther Kong 及 Dorcas Wong。

此行原本的目的乃为登京那巴鲁山，但由于在2015年6月5日地震的侵袭，导致登山活动告吹。我们决定以探访沙巴教会继续我们的行程。

▲ 19-星期日

今天，我们终于往沙巴起飞去了！由于被兴奋的气氛所熏染，我们当中甚至有些只睡了两个小时的！我们于3时45分凌晨聚集在蕉赖教会会堂，一齐祷告祈求神的一路保护与带领。此趟飞行十分的顺利，我们于上午10时便抵达哥打京那巴鲁机场。有好些信徒到机场迎接我们到我们的第一个目的地：Danau 教会。

▲ Danau

通往Danau教会的石路险峻，Danau教会便位于石路的最高尽头。有许多信徒出来欢迎我们的到来，并不少怕羞的狗儿。在感谢祷告后，我们和当地信徒们做友善而有造就性的团契联谊。

见证一：一位执事见证关于教会附

近的丛林起火的事件。火势很快地向教会蔓延。这位执事勇敢地站在火前，奉主耶稣的名命令大火停止接近教会。那瞬间，火焰突然发猛起来，好像要反击似的。忽然，一阵大风往反方向把大火吹离教会。这便是Danau教会如何被拯救离开被大火吞噬的噩耗。接着，我们便前往Papar教会留宿一晚。

▲ Papar

我们于中午12时抵达教会，并受到许多信徒的接待。教会总负责说了一段欢迎辞，并送我们一句非常有鼓励性的话。他说：“Jika masih bernafas, kita tiada pencen, bila habis bernafas, maknanya pencen selamanya”。（当我们还有气息时，我们不得休息，而该为神的国劳心劳力；当我们死后，我们便能够在主里息了我们一切的劳苦）（希四9-11）

午饭后，我们前往Menunggang教会，并乘船观看长鼻猿与夜间的萤火虫。

因为马来新年的交通阻塞，也因为沙巴许多地方的道路是单行的，我们花了几个小时的时间驱车回到Papar教会。

我们安全地抵达教会，而更让我们惊喜地是看到当地信徒为我们准备的榴莲蛋糕（上面写着“欢迎来到Papar教会”）和热汤。当地信徒们在确保我们舒适地安顿下来才各自回家。谢谢你们的爱和关怀，Papar教会！Papar教会给我留下了难以磨灭的印象，因为他们在我们这短暂的逗留期间给予我们的爱心和亲切感。

▲ 20-星期一

朝阳四射，我们于上午六时许便起床了。早餐后，我们告别了亲爱的信徒们，并前往Klias River Resort度假村进行一些水上活动。

在度假村那里，我们把脚浸泡入清凉的河水中，鱼只在我们的两腿之间游来游去，把我们挠的痒痒的。我们在那里只是喂鱼和抛石头，便花上一个多小时的时间。

当天下午，我们访问了四间偏内陆地区的教会：Tuntumulud, Mantanoi, Kepayan和Luanti。

▲ Kepayan

Kepayan教会的会堂是露天的。目前，新会堂正在兴建当中，以取代现有的露天会堂。我们后来得知，建设新会堂的人力乃为100%当地的信徒！

教会负责人的发言真是让我们感动。他见证神如何不断地带领这个教会，并以神迹确认他的真理。

见证二：在一次的洗礼进行时，另一个教会的信徒看见水变红；这确认基督的血确实存在于真耶稣教会的洗礼，能使罪得赦。

见证三：这是教会负责人个人的见证。他和他的亲属是他家中唯一的信徒。他说他从年轻的时候便决定接受真耶稣教会的洗礼。他受洗之后，他的家人不认他。尽管如此，他感谢神，因为在内心深处他知道他选择在神的那一边（书二十四15）。后来，我们离开前往Luanti教会。



沙巴之旅

二零一五年七月十九至二十六日



我在神学训练班的三年历程



奉主耶稣圣名在这里分享我在神学训练班三年以来的历程：

还记得在二零一二年的那一晚，我带着紧张、害怕却又期待的心情坐上了车，一直到抵达波德申橄榄园的那一刻，我的心脏似乎无法压抑着兴奋的心情，不断地砰砰跳。

第一次踏入橄榄园的那一年，是我母亲开始生病的那一年。记得那时候，母亲被诊断患上了舌癌，经过开刀治疗直到我前往神学训练班的那一天都未能开口说话，为了有个人能照顾妈妈，我姐姐牺牲了自己从神学训练班毕业的机会，独自留在家里照顾她。直到现在为止，我还是对姐姐充满愧疚。

因为是第一年上训练班，很快地我就有想回家的念头，毕竟一整天都重复地上课、祷告、求圣灵，在平常的短期圣经营已经有些疲惫了，来到了为期三个星期的神学训练班，第一个星期我可以说是身心疲累到极点，没有一天是想起床的。

但非常感谢主，来到了第二个星期，我开始适应了，朋友也开始熟悉起来，对圣经的理解也越来越深，祷告的耐心也越来越好，虽然早晨的祷告有时候依旧没法打败睡眠的诱惑，但常常会觉得每回祷告的时间都很短，我很喜欢那种祷告的感觉。

就在第二个星期里，我打电话回家里问候妈妈的情况，忽然间我听见了一个微弱的声音，那是我的妈妈，前一个月都无法说话的妈妈。一听见妈妈的声音，我也不知道为何大哭了起来。我很感谢主，真的。恰好通完电话后，不久就进入了祈求圣灵的环节，那一次是我最认真的一次祷告，也可以说是这三年

神学训练班里，最认真的一次祷告。虽然当时没能求到圣灵，我依旧盼望第二年的我会更加地努力和专注。

就这样来到了第二年的神学训练班。和去年不一样的是，我的母亲早已经离世了。短短的一年时间，妈妈从生病、痊愈，直到回归主的怀里，一切似乎都像是早已经安排好了。

去年妈妈生病的时候，她曾要求我为她做见证，说要感谢神让她能开口说话，并把她从患难中救了回来。结果我没那个勇气，所以我就这样拖到了第二年。第二年的见证瞬间已变成了妈妈从生病、痊愈、做化疗、直到被主接去的情景。即使那样，我依旧很感谢神。或许妈妈的离去才是最好的结果，因为如果妈妈如今依旧健在的话，想必也只是躺在医院，接受化疗、再化疗、再化疗……一切都有神的旨意同在，我一直都相信。

第二年的我，更是特别不想离开神学训练班。天天听道理和祷告的生活，让我觉得有一股安全感，使得我不愿再出去面对世界。但第二年，我依旧没求得圣灵。

来到了最后一年的神学训练班，做梦都没想过自己会有自神学训练班毕业的一天。我一直觉得自己很幸运，也知道神一直在带领我。第三年的我过得有些不平凡，但也是最不认真的一年。第三年的我，朋友特别的多，玩闹也特别多。虽然很开心、有趣，但回忆起来的只有那些玩乐的记忆，不是道理。当时的我很享受，但内心却矛盾地自责。非常可惜的，第三年我依然没能求着圣灵。然后，我就这么毕业了。

神学训练班真的是一个很好的机会，让我们更加认识神。也是一个很棒的时候，让我们更加专注地祈求圣灵；它更是一个非常好的团契，让我们和教会的弟兄姐妹们的关系变得更融洽。要知道，教会的朋友对你的信心、人生，和生活的一切都起着重要的角色。

我真的很感谢主，让我有机会去参加三年的神学训练班。如果还能再来一次，我想我会更加努力地求着圣



灵。当然不只是在神学训练班里能求圣灵，所以至今我依旧把握每一个机会，努力地求圣灵。

「不可叫人小看你年轻，总要在言语、行为、爱心、信心、清洁上，都做信徒的榜样。」（提前四：12）

希望那些尚未参加神学训练班的学生们，不要害怕，或因种种的问题而不愿意去参加。

三个星期的神学训练真的是很短的时间，结束了才发现时间根本不够用。希望那些和我一样毕业了的小伙伴们，继续留在教会，保守自己的脚步。让我们一起努力，直到那一天的到来。

我的分享到此。

哈利路亚感谢主，阿们。

杜喜儿姐妹
加影教会

神保护的冒险之旅

奉主耶稣圣名做见证。

在二零一二年的年终假期时，我家人与我去美国的西岸旅游三个星期。我们到加利福尼亚州的城市包括旧金山，圣地亚哥，洛杉矶以及马默斯山。

长话短说，我们在旅行的第二个星期离开旧金山到马默斯山的雪溪去。恐怕您不清楚，雪溪是7800英尺海拔之上，位于山上的一个著名滑雪胜地的小镇。从旧金山到马默湖的一般车程须要至少五小时以上。我弟弟和我为这次的行程感到很兴奋因为我们知道目的地是下雪的山区。我们为这五小时的车程做了些准备并买一些路上吃的零嘴。

那天清早，我们早起身并在大约八点三十分离开了旧金山。那天早上是一个很冷和潮湿的早晨，因为从昨晚开始就一直不停地下着雨。雨很大力的四溅在挡风镜并造成在湿滑路面难以驱动。因此爸爸便慢慢的驾驶。三小时的车程后，我们都没有看见任何餐馆。我们便把汽车停在路旁享用自己准备的饭盒。午餐后，我们继续往山区的路程。两个小时后，我们抵达了山脚下并离我们的目的地半小时。我们知道我们已经落后于行划。但无论如何，我们都很兴奋。在山脚下时，我们可看见一英尺深的雪。

当我们继续行驶时，雪下得越来越大，不久后我们到了第一个检查点并由护林员截停路过的车好让他们检查汽车来确保车能够穿过前方的大雪和湿滑的路。当轮到我们的时候，护林员告诉我们我们的汽车不适于驾上山顶，因为我们的车不是四轮车。庆幸的是他建议我们一个办法，那就是在我们汽车的轮胎上安装雪地防滑链。既然那是唯一让我们继续驾驶的办法，我们接受了他的意见并回去两公里远有卖雪地防滑链的休息屋。我们不晓得何谓雪地防滑链。那时，天空变得阴沉并不断地下大雪。当时的温度将近零摄氏度而外面是冰冻的。



机械师来到爸爸的窗口边，用严肃的语气问爸爸是否曾经驾驶在雪地上。爸爸很清楚地回答他说“不曾！”然后他说“神祝福你”！

爸爸进到店里不久后和一位手里拿着防滑链的男士出来。那位男士便马上把防滑链装上我们的轮胎。安装防滑链看起来很复杂因为是一个人锁不上而需要一个人机动方向盘另一个人安装在轮胎。那防滑链并不便宜。此外，我们需要支付机械师的安装费。不管怎样，我们感谢主我们安装了链条好让我们继续行程。在我们还没有开车时，机械师指示爸爸不能驾超过每小时二十五公里不然链条会掉出来或轮胎会损坏而我们都不希望这些事情会发生。这是因为一旦链条掉出来，我们都不会安装。

当装修完毕后，机械师来到爸爸的窗口边，用严肃的语气问爸爸是否曾经驾驶在雪地上。爸爸很清楚地回答他说“不曾！”然后他说“神祝福你”！心想，为什么机械师这样回答呢？他是在用开玩笑的方式讽刺还是我们需要很小心呢？不管怎么样，我们很兴奋的做好一切准备上山去。因为轮胎有防滑链，所以驾驶变得很难，加上要维持在机械师所警告的速度以及防滑链造成的声音仿佛轮胎快要爆炸！

当我们回到第一个检查点的时候，雪越下越大。同一位护林员检查了我们的防滑链然后显示拇指来继续路程。当我们越过第一个检查点时，周围的环境变得很阴暗因为我们已经进入了树林。一排又一排的松树在马路的两边。当时的情景正如白雪公主和七个小矮人的电影。当时的情景虽然脱俗，但是很恐怖因为除了积雪覆盖的树木之外没有明显的生命迹象。

驾驶上山的路程真的很煎熬因为我们的驾驶速度十分缓慢。这路很滑和在下着大雨没有阳光的情况下，视线越来越不好。一路上，我们看到很多车辆滞留在路旁因为路很滑导致车辆抛锚。一些人遗弃了车但一些汽车里有乘客。我们过后到了一条又直又长陡峭的斜坡便慢慢的驾上顶端。当我们到了顶端后，我们遇到了一个即时陡峭的下坡然后汽车突然失控便开始侧向一边的滑下斜坡。爸爸尝试机动汽车回到轨道但是他完全失去控制。汽车继续滑下斜坡好像从过山车自由的下落！在那一刻，我们不停的喊出“哈利路亚！哈利路亚！”。不久后，爸爸能够再次控制了。感谢神的恩典与怜悯的保护。

这一切发生得太快，我们以为我们将会遇上严重的车祸，即不撞上迎面而来的车辆也就掉进深谷。这将会是一个非常严重的车祸。我们一路驾驶上斜坡的时候我们注意到后面有车紧跟着我们的车因为我们的速度很慢。当我们的汽车失去控制时，奇妙的是当时的四周围都没有任何车辆经过。这是神赐给我们的神迹！当我们冷静后，我们深知是神保护了我们因此我们马上感谢神的保护和怜悯使我们平安。我们确保大家都没事后继续我们的路途。

大约半个小时后，我们很喜悦因我们抵达阳光灿烂的平地。一个小时多的车程后来到了不一样的场景。驾驶在没有雪的路上是多开心但是痛苦的事我们以每小时25公里移动。二十分钟折腾的路后，爸爸终于决定拆除防滑链因为雪已经消失和似乎没有防滑链也可以驾稍微快一些。我们正和时间比赛因为我们要在七点打烊前抵达来领取我们的度假屋房门钥匙，不然我们要驾到更远处来领取。爸爸找到一个安全的地方把车停下拆除防滑链。这链很难拆除因为爸爸没有工具只可以在这么寒冷的天气用双手拆除。然而，他成功的拆除防滑链而我们便很开心的出发去。

到现在为止我们已经行驶半小时了，我们走了一段路途后来到了一个路口而在我们前方的是一个斜坡就如我们在第一个检查点的一样。在我们的眼前是个很熟悉的画面！又是树林。此外，马路已被大雪所遮盖而这情境很熟悉就是我们把防滑链给锁上。我们那时的心情不再兴奋因为我们须要再次把防滑链给锁在轮胎。当时没有任何可帮助我们的护林员。在我们的右手边有一个很大的路牌有颜色告示，告诉我们说前方会有大雪，而进入的车一定要是大型的四轮车或有防滑链的汽车。我们心想“完蛋了！”

我们不要冒险，爸爸回转为了找可以帮忙把防滑链装上的人。从那里不远，我们很高兴因为看见加油站，然后我们赶快下车问业务员。那里有一位女士掌管那间小站然后她说，“对不起，但我不知道防滑链是怎样操作的！”她也告诉我们那里只有她一个人并没有其他人可帮助的。在那时候，我们知道我们卡住了。只有通过祷告寻求神的帮助。过后，我

们继续在车里面等但是没有任何路人的迹象。我相信没有人会在这种天气上山，但是我们是第一次去而我们完全不清楚这种天气上山的危险性。

一会儿后，不知道从那里，一辆很大的拖拉机经过，向着斜坡去到树林然后开始刮雪。十五分钟后，挖掘机的司机从车上下来便把路牌给转了，板上写着疏通让车过的牌子。我们的祷告蒙垂听了。这真的是另外一个让我们难以置信的神迹。与其希望神派人来帮我们装上防滑链，祂反而疏通了大雪好让我们有安全的通道。神真的很伟大！我们准备后便马上继续我们进树林的路程。路虽然被雪所遮盖但没有之前的那么深。路虽然很滑但是感谢主我们顺利的通过。直到现在我们已经从旧金山行驶快要十个小时了，而我们终于在六时五十五分抵达度假区。这是另一个神的怜悯呀。我们领取了钥匙后很高兴的到我们的木屋。

在这整个过程中，我们只有感谢神多种方式的带领，怜悯和照顾。在我们最需要祂的时候祂并没有躲起来。神是永远存在的，我们只需要寻求祂。我的见证到此，愿一切赞美，荣耀和尊贵归给主耶稣基督！阿门。

Katrina Song 姐妹
中级班
梳邦再也





起来, 起来

为耶稣!

起来, 起来为耶稣! 您是否对这一段文字感到熟悉呢? 是的, 这就是赞美诗第170首的题目。这首诗中描绘了我们如何与主耶稣同打一场属灵战争。“起来, 起来为耶稣!” 这段文字被重复了四次, 就是为了着重神的儿女必须站起来和他一同作战的重要性。

这场属灵争战是关乎永生与永死。如果想打胜仗, 我们就必须站起来, 主动地侍奉我们的主耶稣基督。教会里有许多带领并牧养信徒的领导者, 但终有一天, 他们得交棒于较年轻的一代。因此, 您是否已预备接过棒来, 热心地为主工作?

在一场争战当中, 士兵们以爱国情操和热忱而感到骄傲, 而这些种种的特质都是经过长时间的历练而得来的。我们的信仰也是如此。如果想在信仰上进步的话, 我们应该将身体献上当作活祭。这活祭也象征着我们每日属灵的敬拜。(罗12: 1)

我们晓得我们已经离审判日越来越近了。我们的仇敌

魔鬼如同吼叫的狮子遍地游行, 寻找可吞吃的人。

(彼前5: 8) 魔鬼会以各样的试探, 并世界的奢华来捆绑我们, 阻止我们亲近神。金钱、名誉、自我的荣耀并骄傲, 是魔鬼使我们远离神所使用的一些工具。

因此, 我们必须时时警醒, 并且对我们的周围有醒觉之心。就如同以弗所书6章11节中记载的, 我们须以神的全副军装装备自己, 准备迎魔鬼的攻击。我们须保持圣洁, 时刻保守身体, 远离一切会引我们犯罪的试探, 以便能在主面前蒙他悦纳。举例说, 当波提法的妻子尝试勾引约瑟时, 他迅速逃走。我们增加信心的首要方法就是寻求深的旨意, 并和他保持一个亲密的关系。

所以, 我们应当先求神的国, 因为基督再临的日子近了。阿们。

Chow Zheng Yang 弟兄

初级班

八打灵再也

双溪龙
真耶稣教会学生中心与
缅甸信徒团契的

成立

有两项具布道性质的圣工目前在双溪龙的旧店屋的二楼和三楼举开，分别为拉曼大学校园团契和缅甸信徒宣道与牧羊组的活动。双溪龙祈祷所的所有崇拜活动已于2015年12月转移至位于蕉赖皇冠城新购的会所。由于拉曼大学位于双溪龙的旧店屋对面，而许多缅甸学生的住宿也在旧店屋附近，教会决定从2016年一月起继续租下该店屋的三楼。这一层被名为真耶稣教会，双溪龙学生中心以及缅甸信徒团契。该地点设有一个多用途礼堂，可作团契和休闲活动之用。这里共有三间课室，能容纳约30位学生，同时设有一间附有沙发和电脑桌的阅读室。店屋内也设有寝室。

愿主耶稣继续带领并祝福双溪龙学生中心和缅甸信徒团契。愿大家都能够完成主耶稣的大使命来荣耀我们的主。

双溪龙学生中心

感恩团契 报告

感谢我们的主耶稣基督，让我们顺利地于2016年12月18日下午1时，在新装修成的真耶稣教会双溪龙学生中心举开缅甸信徒与拉曼大学联合感恩团契。此团契的宗旨是为了让学生们能来在建设学生中心的事务上感谢神的带领。

首先，诗颂由Lian Pi弟兄带领。张加勒执事随后给予学生们勉励的话。然后，缅甸籍学生Lian Pi兄弟和拉曼大专生Jayne Ho姐妹给予学生代表致词。接着便是诗歌呈现。缅甸籍学生献唱两首诗歌，分别为“Joy”和“Thanks”。拉曼大专生则献唱诗歌“Let All Things All Living”。之后，学生们简单地自我介绍。团契以一顿椰浆饭午餐结束。

总共17名缅甸籍学生和6名拉曼的大专生出席这次的团契活动。其中3位拉曼大专生是非信徒。我们将定期于该中心主办读经/诗歌/祷告会，以便能够完成主耶稣赋予我们的大使命。





蕉赖教会 儿童布道会报告

2015年10月17日，真耶稣教会，蕉赖教会主办了第二届的儿童布道会。第一次的儿童布道会是在2014年举行。当年的主题是“神的爱”而整个故事环节都围绕在挪亚方舟的话剧里。此次的主题是“浪子的比喻”。这是一个主耶稣在路加福音15: 11-32所谈到的比喻。

此比喻中谈到一位父亲有两个儿子。长子殷勤的在父亲的园子里工作。而小儿子有一天来到父亲跟前并要求父亲分家业。根据犹太人的传统习俗，长子在父亲去世之后能得到双倍的产业。因此，小儿子分得了三分之一的产业。他过后离开家乡到一个遥远的外邦地。他在那里任意放荡，浪费钱财。当他耗尽了一切所有的，那地方又遭遇饥荒。因此，他就须要找一份工作来维持生活。他找到的工作是去田里放猪。猪对犹太人而言是不洁净的动物。然而，他因为过度的饥饿而想吃猪所吃的豆荚。最后，当他觉悟过来，他承认自己得罪了神和父亲。他就开始启程回家，并立志回家当父亲的奴仆而不是儿子。当父亲远远的看见儿子时，就动了慈心，跑去抱着他的颈项，连连与他亲嘴。他吩咐仆人们为儿子准备宴席因为他这个儿子是死而复生；失而复得。

儿童布道会是由张姐妹带领大家唱开始。我们唱了三首儿歌，既是“与耶稣同行”及“耶稣是树干，我们是枝子”。节目正式在晚上八时开始。由Jayne Ho姐妹带领唱诗及祷告，翻译员则是慧颖姐妹。接下来就是关于浪子的比喻之话剧呈现。话剧的演员包括如下：Joel弟兄饰演浪子；Yong Song弟兄饰演父亲；Lucas和Andrew弟兄饰演损友，Malcolm弟兄饰演浪子的雇主，Carlos, Timothy, Louis和Jun Jet饰演猪。话剧是由浪子与父亲的对话开始。他们表情丰富并使得在场的观众捧腹大笑。他们滑稽的演技及动作让会场充满笑声。接下来的场景是浪子如何与猪朋狗友一起挥霍他的家产。他们到夜店及赌场玩乐。当他最后一无所有时，他决定回到父亲的身旁并成为他的奴仆。话剧的结局是父亲欣喜的迎接归来的儿子并为他大摆宴席，即使他曾经作了一些令父亲失望的事。

话剧结束之后，张路加执事简略的阐明此浪子的比喻。在他的分享中，他解释了此比喻并把它与神的爱连接在一





起。神爱我们，无论在任何的状况中，只要我们以一颗真诚及悔改的心来到他面前，他必会接纳我们。诚如父亲对待儿子般，他张开双臂欢迎儿子回来虽然儿子鲁莽的要求分家业並过着奢华的生活而把家产给挥霍得一干二净。我们的天父也是如此，他会饶恕我们的罪过。因此，我们当乘着白天，利用这个机会来悔改並亲近神。

接下来的节目是儿童诗班呈献。他们呈献了三首诗“每个人都应当知道”以及“没有耶稣的生活就像甜甜圈般”及“我以祷告来到你面前”。此两首诗告诉我们应当来认识我们的救主，主耶稣基督，而倘若没有耶稣，我们的生活就好像甜甜圈般，在我们的心中有一个洞。最后，布道会以诗歌307及祷告结束。感谢主，此圣会成功及圆满的进行。一切荣耀、感谢及颂赞都归给主耶稣。

Andrew Tan 弟兄
蕉赖教会



浪子的比喻



巴占教会 出游记



2015年1月10日，巴占真耶稣教会举办了为期两天一夜的旅行，目的地是寒冷的金马仑高原。由于人数庞大，我们大约70人分别搭乘两辆巴士，便带着兴奋的心情出发。

经过漫长的车程，我们抵达了住宿地点，Chefoo Centre。祷告感谢神带领我们与用餐后，我们在那里的礼堂进行安息日聚会。

聚会过后，我们趁着大家都聚集在一起进行了各种各样的游戏，考验弟兄姐妹的默契，创意与圣经知识。大家都为了争取胜利拼尽全力，同时也让大家增长了许多圣经知识。

当晚，我们以火锅当晚餐，并到当地的夜市逛一逛。临睡前，我也参与了青年班举办的活动。虽然只是简单的小游戏，但也足以让我有一个美妙夜晚。

翌日，早晨祷告与享用早餐后，大家都不畏寒冷地进行各样的户外活动。在这欢乐的气氛中，不知不觉又到了午餐时间。填饱肚子后，我们从Chefoo Centre登出，并继续我们的旅程。

虽然下起了毛毛细雨，但雨水无法阻挡我们。我们到了仙人掌园一览各种奇特的仙人掌；到了著名的Kea Farm 购买有机蔬果；到了Lavender Garden和Green View Garden 观赏美丽的景色。

旅程结束，我们搭乘巴士返回教会。看着雾气逐渐远离我们的视线，我们也带着不舍离开那里。虽然只有短短的两三天，但这段美妙的时光却已深入我们的脑海。

陈凯盛 | 巴占教会



参加2015年霹雳区 少年班生活营的感想

哈利路亚！我是陈诗柔，来自霹雳区和丰教会。今年我已经六年级了，这次我参加的生活营是我小学生涯所参加的最后一次少年班生活营。我觉得很舍不得因为明年就要上中学了，再也没有机会参加少年班的生活营，但我也很期待可以参加初级班圣经营。

从三年级开始，妈妈就帮我报名去参加少年班生活营。直到今年，我已经参加了四年的生活营。在生活营中，我学到很多关于圣经的教导和神的话语。在此，我要感谢所有细心教导我们的传道，老师，协调员和为我们准备食物的弟兄姐妹们。谢谢你们的爱心付出。

陈诗柔

哈利路亚！我的名字叫谢悠沁，今年六年级，来自和丰教会。到今年为止我参加了四年的少年班生活营。在这四年的生活营里，我都过得非常开心。我在生活营里也交到了许多朋友。我学到了许多关于作人的知识和神的道理。我也在一些小游戏中体验到什么是合作精神和团结精神。

每当到了《我是创意人》的环节时，我都兴奋得不得了，因为每次所做的手工都非常特别。在这几年的生活营中，我学到了独立，我不能凡事都依赖父母。我在生活营里过得非常开心，我要感谢在这四年里默默付出的弟兄姐妹们，让我们能够在生活营里过得那么充实。谢谢！

谢悠沁

哈利路亚！我是来自和丰教会的何霖丰，今年十二岁。今年是我最后一年参加少年班生活营，我觉得有点难过，因为明年有些朋友我见不到了。

还记得，我第一次参加少年班生活营时不知道参加生活营的目的。过了一两年之后才知道生活营是为了学习真理，认真听道理。

明年是我第一次参加初级班圣经营，我得要有耐心和迫切的心祈求圣灵，还有认真的祷告。我希望明年能够得到圣灵。

何霖丰





2015年 少年班圣经营

少年班圣经营于2015年9月18日在八打灵教会举行。我非常高兴及期待能够参加这次的圣经营。这是我第一次参加圣经营。我迫不及待地想见到来自双溪隆布道中心的好朋友。我和我的朋友最先到达目的地。我很期待见到其他人。傍晚，我们参加晚间聚会，同时在会堂里见到大家。有些家长陪同孩子一起到来。聚会结束后，我们到旧会堂集合以便登记入营。

这段期间，我上了很多关于圣灵和主祷文的课程。这些课程对我十分有益处。我会把所学的铭记于心因为这些圣经知识提醒着我，无论我往哪儿去，神必保护我。我会永远记得没有人能介入我与神存在于伊甸园里的关系。

在领诗时，我领悟到虽然我们生活在这世上，我们心中必须常常思念神，就像圣经里的人物一样。他们唱诗赞美神，相同的，我们也应当如此行。当我们面对困难时，神会帮助我们。因此，我们应当感谢神所为我们做的一切。我们也可以透过唱诗来赞美神和传扬福音。

此外，我交到了许多来自不同教会的朋友。朋友提醒了我，我们生活在世上，除了依靠神，我们也可以依靠教会里的朋友。这样，即使撒旦就在周围，我们也不会害怕。我很高兴能在教会里交到那么多朋友。他们将会与我一起面对世界，一起感受神的大能。

我们学会在神，凡事都能。我们要相信神因为我们是他的儿女。我们要行走在神所为我们预备的道上，随时预备审判日的到来，以便将来能在天国与父同在。直到我们在天国与神永远同在，我们才得以忘记所有的孤独和悲伤。

我会常常记得传道和教师们的教导，把它们放在心中，因神的话是圣洁且必须遵守的。现在，我就像一个正在寻求帮助的盲人，但神透过传道和教师所教导的圣经话语一路引领。

神爱小孩，祂会给我们最好的。我们要为我们所拥有的一切，如：房屋，父母，食物，水，生命和爱等等常常感谢。神给我们的太多了，我们该为他做些什么呢？神要我们纪念祂的死，受洗和传扬福音。相信祂，祂会在天国为我们预备。

9月19日，星期六，我从神领受了宝贵的圣灵。我心中充满了喜悦。我会靠着圣灵的帮助来面对世界。我也会传扬福音。圣经营很快就来到了尾声。我希望圣经营能被延长，这样我就能学习到更多神宝贵的话语。虽然时间不长，我在营中所学习到的使我更亲近神。感谢神为所做及赏赐给我的。我会常常提醒自己，要当神的好孩子。

愿一切颂赞和荣耀归于神。

Nichole Na
少年班圣经营
真耶稣教会

我的日记

当我正在祷告时，奇怪的事情发生了——我的舌头和身体开始震动。。。



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星期一

早祷会是由许哈巴谷传道带领。接着，我们享用早餐。从许哈巴谷传道所教导的第八到第十课中，我们学了耶稣何时及在哪里祷告。我们也学了怎样求到圣灵和什么是正确的祷告。

紧接着便是第六次祷告会，由许哈巴谷传道带领。当我正在祷告时，奇怪的事情发生了——我的舌头和身体开始震动。祷告结束后，益雄弟兄把Nichole，来自巴生的Jeremy，来自加影先锋镇的David和我请到会议室去。我们被要求再祷告一次。祷告结束后，他们确认我们四个已经领受圣灵。我真的非常高兴。

在去吃午餐的路途中，我们去领取我们的照片（益雄弟兄于2015年9月20日，星期日所拍的照片）。午餐过后，我们上第十一课，由许哈巴谷传道教导。第十二课的题目是“主祷文”（由LL弟兄和HKY姐妹教导），我们以主祷文做为主题做了个手工。

接着是由许哈巴谷传道教导的第十三课。这一课有少许不同，因为是学员们做的见证。我们有机会听朋友们分享他们的经历。然而，我并没有做任何分享。然后便是第七次祷告会。祷告后，享用晚餐前，我们有一段空闲时间。因此，我们举办了一场诗歌分享，由Sis. Wai Leng带领。有些学员与大家分享他们所喜爱的诗歌。我与大家分享诗歌90首，“数算恩典”，是关于感恩的一首诗。

结束后，就是晚餐时间了。后来便是休息时间。有参与呈现的学员们开始为最后一次呈现练习。过后，我们又有一次诗颂时间，由来自鹅麦的学员带领。

紧接着就是闭幕典礼。我们唱了三首所准备的诗：“Yesus Pokok Dan Kita Gabangnya”，“神的儿女”和“There’s a quite understanding”。我们利用这个机会感谢为我们准备食物的叔叔阿姨们，也借此机会与他们道别，因为明天就是我们在最会一天了。

闭幕典礼后，我们享用了史上最美味的宵夜。我们享用的食物有薯条，肉饼，炸鸡以及最棒的冰淇淋！

接下来就是我们的空闲时间了。许哈巴谷传道允许我们隔天早上多睡一个小时。然后，我们呈现了最后一个表演。那是最棒的！

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星期二

我们的最后一个环节是由许哈巴谷传道带领。在祷告之后，我们就有史最好吃的早餐，那就是披萨！

淑媛姐妹和Lisa姐妹带领我们的最后一个环节，那就是烹饪团契。我们学习如何来准备四样食材，那就是橙汁、鸡蛋三文治、吞拿三文治及Inari寿司（包括了两片豆腐和一团饭）。之后，我们就会用那四样食材来个烹饪比赛。

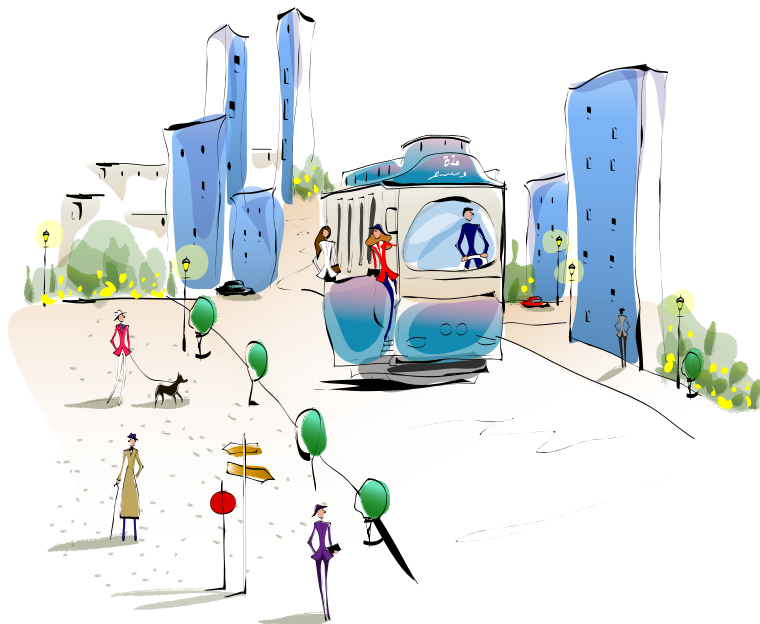
在那环节之后，成绩就出炉了。。。所有的男子组合得到了安慰奖。我们，哈拿组取得了第二名；第一名则是由安娜组获得。当然写笔记最多者也有奖拿。我也不例外，我得到的是三支笔。接着，我们就享用午餐。最后，我们有大扫除。我的组是负责打扫寝室。

接着，就是离别的时候。我觉得非常伤心，因为我会十分想念我的朋友，每一位朋友！

邹思慧
少年班

我的日记

这是关于我在2015年9月18至20日参加在八打灵教会所举开的少年班圣经营的体验。这是我第一次到八打灵教会，也是我第一次参加少年班生经营。



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星期五

我, Nichole和Abigail乘Isaac Tan弟兄的车前往八打灵教会。在我们还没有抵达教会之前,我们前往一家附近的餐厅用晚餐。晚餐后,我们到教会出席在会堂举开的晚间聚会。我, Nichole和Abigail坐在一块儿。我们听道理,并唱赞美诗。

聚会后,我们到副堂去。副堂就是我们上课和祷告的地方。在了一项简短的报告之后,我们便回到寝室去。Nichole和我住在同一间寝室。在我们的寝室里共有八人。我们的组长是一位从巴生教会来的姐妹。我们整理好行李后,便去洗澡。然后,我们就回到寝室去准备就寝。我和Nichole睡在一块儿。我一开始并不能够适应新床褥,但不知不觉我便进入了梦乡。

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星期六

今天是我们开始上课的第一天。我们的祷告由陈亚伦执事带领。祷告之后,我们去用早餐。接着下来便是第一个祷告会,是由陈亚伦执事带领。在祷告之后,我们就享用早餐。接着是由来自八打灵教会的学生带领诗颂时间。之后,陈亚伦执事带领第一和第二堂课。他也教导我们唱一首诗,歌词记载如下:

“多祷告 多有能力
少祷告 少有能力
不祷告 没有能力
我们要常常祷告”

他甚至弹吉他来为我们伴奏。

之后,第三堂课是由何马提亚执事带领。他教导我们唱一首诗名为《我以祷告来到你跟前》。他也教导我们神会垂听怎么样的祷告。之后,我们就享用美味的午餐。在午餐之后,我们就参加安息日聚会。其实,我们应当在正堂聚会,但是因为太多学生参加本期圣经营,因此我们就到楼上的会堂聚会。

聚会之后,我们就有第一个活动,那就是手工制作。我们必须做一个手并各自选一段圣经章节然后把它写在那手工上。我选的圣经章节是:

“在指望中要喜乐,
祷告要恒切,
在患难中要忍耐。”
罗马书12: 12

在活动时间之后,我们就会享用晚餐。之后,我们就会有休息时间。在这段时间,我们想要带出一项表演。Nichole, Gideon, James, Cloris, Velon和我为我们的演出想出一些很搞笑的点子。我们将会在我们的朋友和协调员面前表演。在休息之后,我和Nicole代表焦赖教会带领诗颂环节。这是我们第一次领诗。虽然我很害怕,但是我也感觉很兴奋有机会领诗。之后,我们有第二个活动,那是诗颂环节。我们唱三首诗,它们分别为‘Yesus Pokok Dan Kita Cabangnya’, ‘神的儿女’和‘There’s a quiet understanding’。

之后,我们享用宵夜。在这之后,我们就有自由时间。因此,我和Nichole, Gideon, James, Cloris, Velon就为演出做排练。在练习之后,我们就演出第一部。还不错。接着就是我们的睡觉时间。

我的日记



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星期日

我们的第三次祷告会是由哈巴谷传道带领。接着，我们就享用早餐。之后，第四课至第六课是由哈巴谷传道及何马提亚执事轮流带领。在课程之后，我们就有第四次祷告会。紧接着的是午餐时间。但在午餐之前有一个合照环节。摄影师则是莲益雄弟兄。

在午餐之后，我们上第七堂课，题目为《悟性的祷告》。这堂课是由CJS姐妹和LSK姐妹带领。在这堂课里，我们学习到关于圣灵及主的祷告文。

在上课之后，我们就有活动。我认为这个环节的活动是最好的活动，因为是游戏时间！在这个游戏里总共有五个环节。它们分别为问答环节、相框环节、传水游戏、猜谜与绘画环节和演技和摆姿势环节。

每一组分别有十一位组员。我们应当团结一致以便在游戏中取得胜利。每一组都有各自的组长，组名和口号。是我的组名为《胜利》，而我的组长是来自巴生教会的Victor弟兄。本组的口号是“不管有多难，神会一直与我们同在。Gambateh!”（Gambateh在日语的意思是好运。）

在问答环节里，他们给了我们一些问题要我们回答。接着，每组的其中三人应到另一个角落去然后回答所提出的问题。在回答完毕之后，我们便会收到我应得到的“钱”。

在相框环节里，我们必须从一号到十号当中选出一个号码。接着，他们就会通知我们所需的是什么，例如：四只脚，十只手及三张脸。我们所需要的就是跟从那些指示然后显示在相框里。然后，其中一位叔叔就会帮我们拍照并检查我们是否做的动作是对的。当我们完成的时候，我们就会收到我们的“钱”。

在传水的环节，每一个人都会拿到一张纸。我们都必须用那一张纸来折出一个盒子或是其他可以用来装水的器皿。接着，我们必须用手中折好的器皿，并且从水桶中取出水。之后就把手中的水传给站在你身边的人，而那个人会将水倒入杯子中。但任务

完成时，我们就会获得我们的“钱”。

着同一张图片，然后，他们就必须将他们所看到的画在另外的四个人的背后。最后，剩下的三个人就必须猜他们所画出的图画。在完成之后，我们就会获取我们的“钱”。

在演技与摆姿势环节，一个人会负责猜我们整组人所演出的动作。之后，我们就会得到“钱”。

我的组团结一致。因此，我们是第一组完成的。我们感到非常地高兴。既然我们是第一名的，那么我们有额外的礼物，我也因此我们有优先权来用我们所“赚取”的“钱”来换取我们的礼物。我感到非常的开心因为可以享受那么好玩的游戏。

在晚餐之后就是我们的休息时间。我们身为表演者也很努力地排练着我们的表演因为将会有很多观众来观赏。

之后，领诗环节是由来自加影先锋镇的一位弟兄带领。接下来，我们就有第四个活动环节，那就是诗颂环节。我们练习我们所学习的诗歌，因为明天将会有闭幕典礼。在宵夜之后就是我们的自由时间。我们，身为表演者就为了我们的表演而排练。接着是睡觉时间。

我的毕业感言

林数恩姐妹
中级班
中区蕉赖教会

参加了16年的宗教教育班，真的让我听见，看见，明白和体验很多。

“耶和华是我的牧者，我必不至缺乏。”

这是我在16年的宗教教育班里领悟最深的章节。有时候在学校里有人欺负我们，我们不用害怕。因为神会像牧者保护羊群一样的保护我们，不让我们被灰狼吞吃。我们不需要担心或忧虑什么，因为神必定为我们预备好。

感谢老师们这些年来为我们付出的爱心与耐心。老师们常用见证让我们更加明白神的爱。因为你们的教导与提醒，让我们知道天上有位爱我们的父亲，我们一生必须依靠祂，永不可忘记祂。神爱我们，我们不能让这爱只停留在我们身上；我们一定要把这爱传下去，让更多的人感受到神的爱。

还记得每当我感到伤心和无助时，我会想起老师跟我说一个故事：海滩上的脚印。有一位男孩时常都会在海边上走路，当他开心时，海滩上会出现两双脚印。但是当他伤心哭着时，沙滩上却只有一双脚印。他很无助和无奈，为什么伤心时候海滩上却只有一双脚印。神告诉这男孩：“孩子啊，你开心时，我走在你身旁听你说开心的事情；你伤心时，我背着你和我们一起走过这些困难。”很多时候我们以为我们独自一人，却不知主其实就在我们身旁。虽然这个故事很短，却时常感动我和给予我力量。

我要向老师们说声谢谢。我相信，我们学生们当中有些调皮，有些上课不专心，有些还无视老师的存在。谢谢老师们对我们的包容，爱心和教导。最重要是，谢谢你们一直改进教书方法为了让上课变得更有兴趣和生动。从以前死板板地写笔记，然后有短片，游戏，故事和见证分享。好让我们更容易学习神的话语，明白要如何成为一位更好更称职的基督徒。

因此，我鼓励家长们都能够让孩子参加宗教教育班。因为孩子们的信仰是从宗教教育开始建立的。



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童讯 宗教教育系

第七刊 | 2016年6月



由西马中区宗教教育系出版